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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 1, 2015

MAY SUNRISE/SUNSET:

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Cruise The Historic Caloosahatchee



Devil's Elbow on the Caloosahatchee

our the historic upriver Caloosahatchee on a 2-1/2-hour Caloosahatchee Oxbow & Riverlore Cruise on Sunday, May 10 departing from the WP Franklin Lock at 1 p.m. Explore the meanders of the Caloosahatchee back to a time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living amongst the wilderness.

The adventure begins by locking through the WP Franklin Lock in Olga. Heading east toward Alva, you will enter the historic bends of the river and revisit the activities of the pioneers who traveled the same river to find paradise. Stories of the settlements and their adventures are blended with an understanding of the river's oxbows, the wild creatures that call it home and the challenges the river faces.

The tour is guided by Rae Ann Wessel, a river researcher, long-time river advocate, historian and SCCF (Sanibel-Captiva Conservation Foundation) natural resource policy director. The vessel is the stable and spacious 47-passenger Manatee Rover pontoon



MacKenzie Hall was filled to capacity on Tuesday with islanders attending the planning commission meeting, which lasted more than six and a half hours

Permits Approved For Doc Ford's Move

by Jeff Lysiak

Collowing a lengthy discussion and hours of public comment on the matter, the Sanibel Planning Commission granted both a conditional use permit and development permit that will allow Doc Ford's Rum Bar & Grille to move to a new location near the Tarpon Bay Road/Periwinkle Way intersection.

With MacKenzie Hall filled to capacity (103 seats and standing room for an additional 46 people), the overflow crowd stood outside Sanibel City Hall, filling both the legislative meeting room and legal department conference room – where the audio portion of the meeting could be heard - listening to details of the proposed restaurant.

In their application, Doc Ford's ownership group – Tarpon Bay Road, LLC – requested approval to establish a 9,185-square-foot dine-in and carry-out restaurant containing 214 seats and 122 off-street parking spaces on a 2.4-acre parcel located at 2500 Island Inn Road. The site will also include an ancillary 700-square-foot bar and lounge

Jim Jordan, the city's planning director, presented the staff report which evaluated

continued on page 10

Library Course On Traffic, Bike And Pedestrian Safety

he program WalkWiseLee will cover the rules of the road for pedestrians. cyclists and motorists at 10 a.m. on Tuesday, May 5 at the Sanibel Public Library. The interactive 15- to 30-minute presentation (intended for adults) engages the audience through an electronic feedback system. Participants will receive lightweight reflective backpacks.

Traffic safety affects everyone at some point during the day - particularly as pedestrians when walking for practical purposes, exercise or recreation. WalkWiseLee presenter Dan Moser is a long-time bicycle/pedestrian advocate and experienced traffic safety professional who cycles, runs and walks regularly for transportation, recreation and fitness. Moser is also a cycling education instructor for CyclingSavvy and League of American Cyclists as well as a State of Florida Certified Driving Instructor.

WalkWiseLee is a joint undertaking by the Center for Urban Transportation Research (CUTR) at University of South Florida and the Florida Department of Transportation (FDOT). The public is invited to attend the program. There is no registration required and no additional cost to participate.

Ongoing Sanibel Public Library weekly children's programs include Toddler Time and crafts on Mondays, activities for preschoolers and school-aged children on Thursdays, as well as a lap-sit program for babies on Wednesdays. The kickoff party for the summer reading program for grammar school-aged children and teens is on Saturday, June 6 at 10 a.m. A complete list of programs and times are listed on the library's website. Residents and visitors are welcome.

The Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.☆

Causeway Inspection Set For May 11

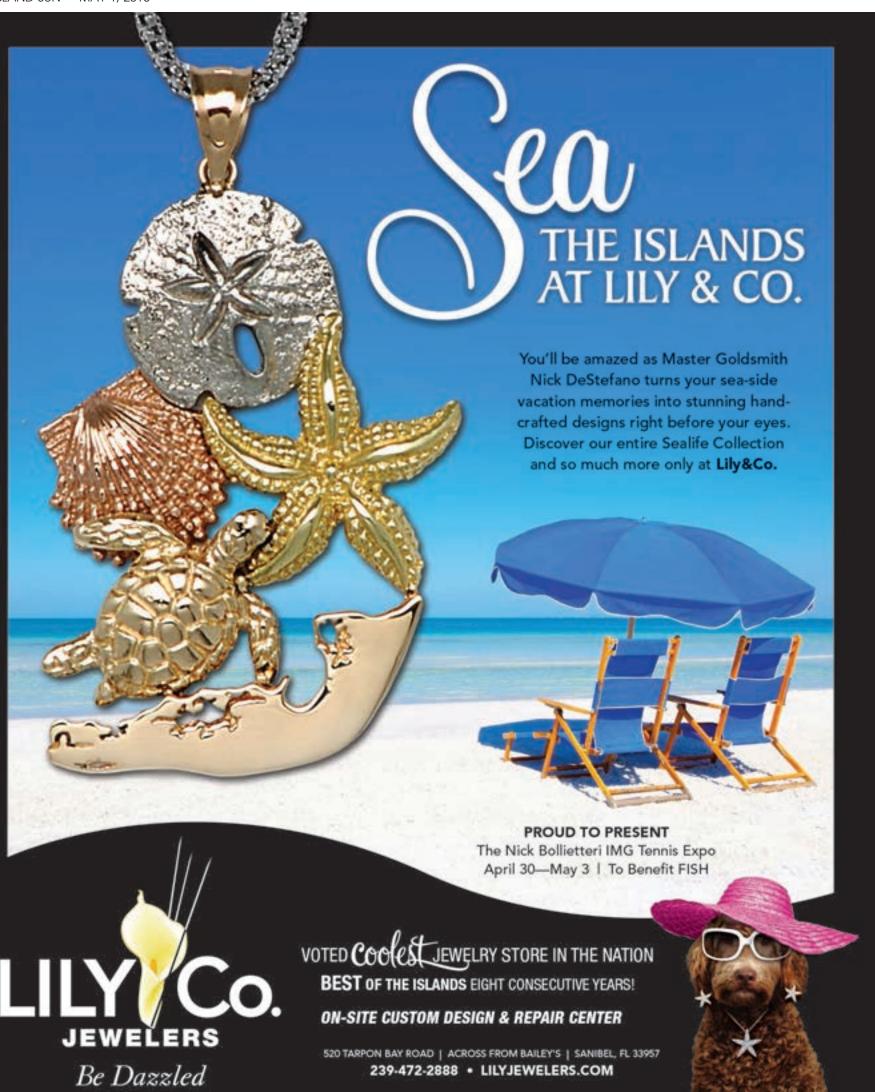
ee County Department of Transportation consultant TY Lin International will perform the final planned bridge inspection on the Sanibel Causeway to monitor repair work that was completed in September 2014. No lane closures are antici-

The work is scheduled to begin May 11 and is expected to be complete before Memorial Day Weekend, weather permitting.

Workers will be on the bridges' shoulders from 9 a.m. to 4:30 p.m. weekdays. Motorists will navigate slight lane shifts with minor traffic disruptions during the daily set up and breakdown of equipment, according to a spokesperson for the City of Sanibel. Variable message signs will be placed to alert drivers.

The purpose of this inspection is to check the status of the repairs made to selected cracks last fall as well as to evaluate the performance of the different materials that were used in those repairs. Workers will also monitor cracks identified in prior inspection

Call 533-9400 with project-related questions or email LeeTrafficTOC@leegov.com.



Landmarks:

Dickey Dock On Captiva



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva. Open during library hours. This week's image is Dickey family dock on the bay. It was destroyed in 1926. In the early 1900s the Dickeys purchased their gulf to bay property from Herbert Binder, one of the first homesteaders on Captiva. The half mile of land ran from where 'Tween Waters Inn is now north to the curve.

photo archives of the Captiva Island Historical Society

Motor Club Cruise-In

an Cap Motor Club is holding its 9th Cruise-In on Saturday, May 2 at Periwinkle Place Shopping Center from 9 to $11\ a.m.$ All are welcome to attend with or without a car. Participants can park in the front of the shopping center in an informal gathering to share their enthusiasm for all modes of transporta-

tion. The event is casual with no pre-registration necessary. Coffee will be available. For more information on joining the club, contact Mike Stone at 322-0044 or mike@sancapstone.com, or Scot Congress at 472-4177 or scot@scongress.com. The club also has a website, www.sancapmotorclub.com.

Captiva Hurricane Seminar May 7

Tith the start of the 2015 Atlantic Hurricane Season right around the corner, the Captiva Hurricane Preparation & Response Committee will present their annual Hurricane Preparedness Seminar on Thursday, May 7.

The seminar, free and open to all islanders, will be held beginning at 2 p.m. at the South Seas Island Resort's Auger Room and will include the following agencies/presenters:

- Captiva Hurricane Committee Seminar Agenda – Doris Holzheimer and Ann Bradley
- Lee County GIS Mapping Amy Hoyt (Apps and Maps)
- Lee County Emergency Management Program Manager Jim Bjostad (Wind and Surge)
- Sanibel Police Department Lt. Bill Dalton (Sanibel-Captiva Hurricane Pass Applications)
- Captiva Island Fire District Chief Rich Dickerson (Storm History)

• Lee County Sheriff's Office -Sgt. Mike Sawicki (Captiva Hurricane Authorization Letter)

This 90-minute seminar will be very informative and is useful to all residents, business owners and visitors alike to prepare for the upcoming hurricane season.

'We look forward to a great attendance and this is a great way to get your annual hurricane pass," said CIFD Chief Rich Dickerson, who welcomed additional questions about the seminar via email at



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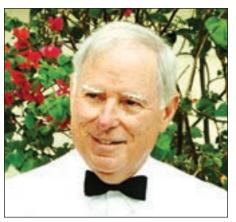
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Jack Cunningham, president of the Captiva Civic Association, awaits the arrival of eight guests who won an Italian dinner at his house photos provided by CCA

Oh What A Night On Captiva

f anyone driving along Captiva Drive Monday evening, April 20, wondered what all of the commotion was about just north of the Green Flash Restaurant, the crowd of autograph seekers and press photographers had nothing to do with the arrival of some rock star or movie celebrity on Captiva.

Rather, it was part of the theatrics staged for a Captiva Civic Association (CCA) fundraiser.

Eight lucky guests who were part of a winning bid submitted at the CCA's annual ABC Auction earlier this year for an Italian dinner at Jack and Michele Cunningham's home got a lot more than just a fabulous meal and great company when they pulled



The first six guests, Choppy and Sally Rheinfrank, Jim and Gaye Pigott and Jack Weston and Diane Robinson



Jack Weston and Diane Robinson run the red carpet gauntlet of autograph seekers

up in the driveway.

spring

From an elegant invitation, to waiters in full dress, a security guard showing them to the red carpet, autograph seekers trying to get them to sign photos and press photographers flashing flashbulbs, they got the royal celebrity treatment.

The paparazzi, autograph seekers, security guard and waiters were CCA volunteers. Michele Cunningham was the chef. Her husband Jack, president of the CCA, was the host.

The guests were: Choppy and Sally Rheinfrank, Jim and Gaye Pigott, George and Molly Barbee and Jack Weston and Diane Robinson.

All in all, it was an evening for fun, food, friendship and frivolity, all for the good cause of a fundraiser at the Cunninghams'.





The ABC Auction earlier this year

generated nearly \$165,000 for the orga-

was one many items up for bid. Others

nization. The Cunninghams' Italian dinner

included a golf cart, a canoe, art work by

Robert Rauschenberg and Susan Sadler,

rides on the Captiva fire engine, a wilder-

George Barbee gets a chuckle at the crowd of autograph seekers and paparazzi



Molly Barbee waives to the paparazzi



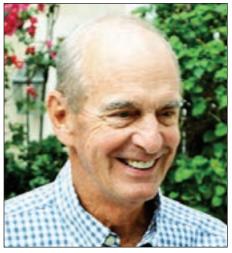
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239-313-0535 whimsonperiwinkle@gmail.com

Cathy Swerdlick gets guest Jack Weston to sign an autograph



Chef Michele Cunningham and waiters Bob and Sharon Brace



Choppy Rheinfrank gets a laugh out of the paparazzi



Sally Rheinfrank arrives for dinner and sees the crowd of autograph seekers and photographers



Jim Pigott autographs a photo for Mady Rohn while being photographed by paparazzi in the background



Autograph seekers Cathy and Jerry Swerdlick rest for a moment while awaiting the arrival of more "celebrity" guests



Security guard Mark Wells directs guests Molly and George Barbee to a parking space



Diane Robinson is greeted by host Jack Cunningham

Foundation lands, a deep sea fishing expedition, a tour of the Rauschenberg estate and tickets to the Indianapolis 500.

The Captiva Civic Association was founded in 1936 and incorporated in 1959. Its primary mission is to enhance the quality of life, ambiance and environmental integrity of Captiva Island.

It administers a scholarship fund aiding more than 34 students who are residents and children of Captiva public service employees with post secondary educational expenses, and provides a home to the Captiva Memorial Library and Captiva Island Historical Society.





Captiva Veteran Receives Highest Honor From Czech Ambassador



Petr Gandalovič, Czech Ambassador to the United States, presents Captiva resident and World War II veteran Karel Aster the Gratias Agit Award of the Ministry of Foreign Affairs from the Czech Republic on April 23 photos by Jeff Lysiak

by Jeff Lysiak

In a moving and patriotic ceremony held at the Captiva Community Center, World War II veteran and island resident Karel Aster received the prestigious Gratias Agit Award of the Ministry of Foreign Affairs from the Czech Republic. The award was presented by Petr Gandalovi, Czech Ambassador to the United States. Aster, the last survivor of 14 Czech nationals who volunteered for the United States





Czech Republic Ambassador Petr Gandalovič

Army, served during the war after being stationed in the Philippines in 1941. Subsequently, Aster and his fellow Czech nationals became prisoners of war. He was imprisoned from May 5, 1942 until August 22, 1945.

During the ceremony, held on April 23, a number of guests spoke about Aster's character, courage and compassion. His grandson-in-law, Michael Murray, offered thanks to a number of islanders – including Susan Stuart, Paul Garvey and Lee County Sheriff's Office Sgt. Mike Sawicki – for assisting in the staging of the ceremony.



Michael Murray

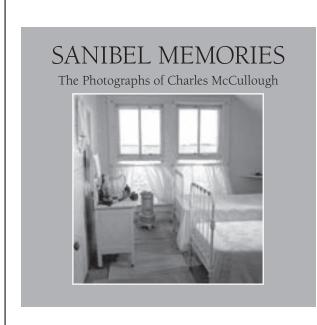
"We started out as golf buddies and 10 years later, (Aster) has become my best friend," said Steve Carlson, who estimated that the pair had played more than 500 rounds of golf together. "We play for a quarter a hole, so I've also become his chief financial supporter."

Ambassador Gandalovi, who noted that he felt "humbled" to be in Aster's presence, also read the names of the other Czech nationals – Karel Dancak, Fred Hermann, Otto Hirsch, Hans Lenk, Arnost Moravek and Norbert Schmelkes – who survived the war. Among the fallen were Jan Bzoch, Pavel Fuchs, Leo Hermann, Jaroslav Hirdina, Fred Lenk, Josef Varak and Antonin Volny.

"The Gratias Agit Award is the highest honor the Czech Minister of Foreign Affairs bestows on an individual," said Gandalovi. "I am honored to hand-deliver the award to Karel, a true member of the greatest generation."

Aster was unable to attend the original presentation ceremony held in Prague last

The Gratias Agit has been awarded since 1997 to acknowledge prominent personalities and non-governmental organizations who have committed themselves to working for the benefit of society, for the promotion of friendship among nations and for



A photographic essay of rare and nostalgic images from the early days of Sanibel and Captiva

Available at Macintosh Books Sanibel Book Shop Sanibel Historical Society Tower Gallery







Steve Carlson

the promotion of the Czech Republic in the world. At present, it is the only statutory prize awarded by the Ministry of Foreign Affairs of the Czech Republic.

To conclude the ceremony, son-in-law Lamar Hamilton Ellis, Jr., offered a toast in advance of Aster's 95th birthday, which is on May 15.%

Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesday, May 13 is Sophie's Choice by William Styron. Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Games

Bridge – Monday and Wednesday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – May 5 and 12 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and

limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

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Republican Women's Lunch

The Lee County Republican Women's group will have its next luncheon on Tuesday, May 5, beginning with social time at 11:30 a.m.

It will take place at Rum Runners,

It will take place at Rum Runners, 5848 Cape Harbour Drive, Cape Coral. The speaker will be Linda Doggett, Lee County Clerk of Courts. She will give an overview of important changes being

made to make the clerk's office more efficient and accessible to Lee County residents

Cost is \$18 per person inclusive, cash or check only, payable to LRWC. Payment is accepted at door. There are two menu selections: Spinach & Blue Cheese Salad or Grilled Turkey & Brie Sandwich, Make your luncheon selection at the time of your reservation.

Reservations are due by Friday, May 1 at reservations@LeeRWC.com or by calling Joyce Easton at 573-6913.☆





Departing SCA Board Members Ken Kouril, Bill Sadd and Robert Monk

SCA Details Plans For Future At Annual Meeting

embers of the Sanibel Community Association (SCA) gathered at The Community House recently for the organization's annual meeting, marking SCA's 88th year operating The Community House on Periwinkle Way. The membership heard a report on SCA's busy year of activities serving the people and organizations of the community.

It was noted that 36 different island groups have used The Community House in the past year, including clubs, non-profits, religious organizations and homeowners associations, for their business meetings, work sessions, fundraisers and social events. In addition to the group activities it hosts, SCA also conducts an extensive program of public entertainment, recreational, educational, fitness, community service events and classes, plus private functions such as weddings, family reunions, parties and memorials.

A special award, the Gordon Schopfer Lifetime Achievement Award, was presented to SCA Board Member Michael Kelly in recognition of his long service to SCA. Kelly has served multiple terms on the board and served in many leadership roles. He is a past president of SCA and currently serves as secretary and head of the building committee.

In other business, three board members who are stepping down after six years: Ken Kouril, Robert Monk and Bill Sadd. Two new board members were named: Marge Meek and Felicity Rafalski. SCA officers elected for the coming year are: President Tom Sharbaugh; Vice-President Richard Johnson; Secretary Michael Kelly; and Co-Treasurers Bill Sartoris and Beth Weigel.

Renovation Plans

A highlight of the annual meeting was a report on SCA's plans for the future, including restoration of the original historic Community House building and renovation of the SCA complex. Plans for the renovation are being finalized, and preliminary discussions with the City of Sanibel Planning Department are under way. To avoid interruption of The Community House's busy schedule of events, construction will be completed over the summer of 2016, with reopening of the renovated facility in October

2016. Local architect Amy Nowacki has been appointed to design the project, and Benchmark has been engaged as general contractor.

In explaining the renovation project, SCA Board President Tom Sharbaugh explained that the original cottage-style Community House building which faces Periwinkle Way, now referred to as the North Room, will be restored to its original 1927 appearance in line with its official designation as an historic landmark. The rest of the exterior will be redone in a compatible Old Florida architectural style, creating an updated look with a fresh and attractive appearance. Parking areas and landscaping will also be redesigned.

Changes to the interior will include: a more open, flexible floor plan connecting the auditorium to the other rooms; a new and much larger kitchen; a new conference room for smaller meetings; new restrooms, and larger lobby, office space and storage areas. A covered entry veranda with drop off area will be added to eliminate entry stairs. Essential systems such as electrical, lighting, plumbing, audio/visual and communications will all be updated.

Commenting on the need for the renovation, Sharbaugh explained, "The building is long overdue for a makeover, and this renovation will bring it up to the standards of today's Sanibel. The last major renovation occurred in the '70's when the auditorium was added, and as with any infrastructure, time takes its toll, particularly with a facility that gets as much use as The Community House."

Cost for the project is estimated to be slightly under \$2 million including construction, furnishings and new equipment. Funding sources will include existing SCA reserves, monies raised from past Dancing With The Island Stars events, which have been held for this purpose, advance capital gifts from the SCA board and other major donors, and a public building fund campaign to be held in early 2016.

SCA Support For Civic & Cultural Core

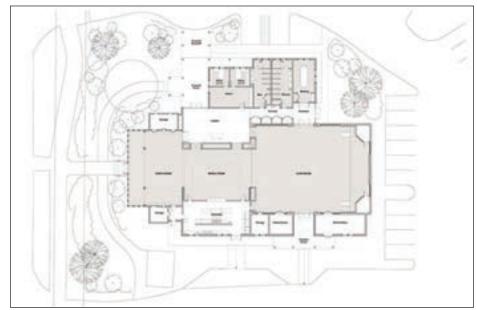
The meeting also included a strong statement of the SCA board's continued support for the long-anticipated Civic & Cultural Core project. Sharbaugh said, "SCA's board believes creation of a new Civic & Cultural Core area will be a very positive thing for the Sanibel community. Actually, we see SCA's renovation of The Community House as a first step in



Community House view from Perwinkle Way (artist's rendering)



Community House main entrance - east side (artist's rendering)



Community House new interior floor plan



New SCA Board Members Marge Meek and Felicity Rafalski

that direction. When the Civic & Cultural Core is finished, Sanibel will have a revitalized town center, new facilities for BIG ARTS, Center 4 Life and SCA, and increased parking capacity that can be shared by all."

In the presentation to the SCA membership, a new vision was outlined for how The Community House could participate in the Civic Core operations. Sharbaugh said, "While SCA's board has decided to renovate its current building rather than construct a new Community House on the north side of Periwinkle at this time, we hope to be able to move SCA's major outdoor festival-type events across the street to the planned Civic Core Community Green. This would include things like the major arts



Michael Kelly Receives the Gordon Schopfer Lifetime Achievement Award from SCA Board President Tom Sharbaugh

and crafts fairs which operate over several days during the height of season. Locating those events on the Community Green would give them a more comfortable setting and make for easier parking and pedestrian access.

SCA's vision calls for the Civic Core project to include construction of an open-air pavilion on the Community Green that would serve as a base for the outdoor festival events and be available for other types of open-air functions, with parking provided by the new Civic Core shared parking lots. SCA plans to advance this idea with the city and with other Civic Core stakeholder groups.

Sanibel To Be Featured On National TV

by Jeff Lysiak

Thanks to a national magazine article that declared Sanibel Island the Number One Top Tourist Town in the Country as well as the overall Number One Family Tourist Attraction winner across all categories and regions, an even larger spotlight will shine on Sanibel next week

On Thursday, May 7, NBC's *Today Show* will air a special segment featuring Sanibel during the program's fourth hour (between 10 and 11 a.m.). *FamilyFun* magazine Deputy Editor Mary Giles will pose some trivia questions to co-hosts Hoda Kotb and Kathie Lee Gifford, who will attempt to guess the winner of the magazine's annual tourist destination rankings.

According to FamilyFun's April 2015 issue, "Sanibel Island, the perfect family getaway, boasts 250 types of shells, 230 types of birds, 50 species of fish, 25 miles of bike paths, 15 miles of unspoiled beaches and 0 stop lights."

The awards for Sanibel Island came as a result of a survey given to families traveling with children ages 3 to 12 from across the United States. The magazine's recommendations covered a wide variety of locations and interests that included animal attractions, state parks, science museums and more. Sanibel Island was rated top overall – the best of the best – with an award for The Best Family-friendly Vacation Spot in the U.S. along with winning the Top Tourist Town category.

"We are absolutely delighted that Sanibel Island was chosen by American families as their most favorite of all vacation destinations in the U.S.," said Ric Base, president of the Sanibel and Captiva Islands Chamber of Commerce.

As part of the segment with Gifford and Kotb (a former WINK-TV weekend anchor and reporter), the chamber is providing a basket filled with several items which may assist the co-hosts in attempting to guess Sanibel as the top travel destination. Among the clues are

Among the gifts headed to NBC's *Today Show,* which will feature Sanibel on May 7, are oranges, sunglasses, several shells and a framed picture of Hoda Kotb and Kathie Lee Gifford

photo provided by Hillgate Communications



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Audience members waited several hours to add their comments to the quasi judicial hearing

Doc Ford's Move

the restaurant application. Attorney Steve Hartsell provided testimony on behalf of the Doc Ford's ownership group, while the property owner and restaurant coowner Marty Harrity appeared before the commission but did not speak.

During his presentation, Jordan went over each detail of the application, including the site plan, seating and floor plans, landscaping plan, traffic impact evaluation and both the general and specific requirements for granting conditional use permits.

"The applicant's Traffic Impact Evaluation compares the trip generation for the proposed restaurant and ancillary bar use to primary permitted uses such as walk-in banks, DVD rental stores, and hardware/paint stores and daycare facilities," the staff report noted. "The applicant's traffic engineer report identifies that the peak traffic demands at the Tarpon Bay Road and Periwinkle Way intersection occurs prior to 6 p.m. and that the comparative permitted uses impact upon the city's roadways, during "critical traffic congestion periods," would be greater than that of the current Doc Ford's Restaurant and Bar as their daily peak customer hours occur primarily after 6 p.m."

Jordan went on to explain that the applicant agreed to grant the city a 10-foot easement for the future installation of a shared use path along the eastern portion of the property which has frontage along Tarpon Bay Road. The restaurant will be accessed by vehicular

traffic off of Island Inn Road.

Due to the special and unique circumstances surrounding the evolution of this business that started on Sanibel, or for any other business that started on the island, staff agrees with the applicant's conclusion that Doc Ford's Rum Bar & Grille should not be considered a formula restaurant by the city," the staff report

Commissioner Tom Krekel asked a number of questions following Jordan's presentation, including the process for amending commercial zoning codes, the requirements for a separate music permit and the applicant's traffic study.

'Since 1985 (when the property orginally became a part of the Bailey's Shopping Center Planned Unit Development), the city recognized that at some point, this property would be developed," said Jordan, who also noted than the building was approximately 20 percent smaller than what would be permitted for a parcel that size. "We didn't treat this applicant any different from any other applicant. We try to treat them all

Commissioner Chuck Ketteman asked if the current Doc Ford's location (on Rabbit Road) has received any complaints in their 11 years of doing business on the island. "None that I am aware of," Jordan responded, although he did recall a noise complaint which turned out to be generated by rumble strips the city had installed nearby on Sanibel-Captiva Road, which were removed.

Hartsell, who told commissioners that there was a "significant amount of misinformation" sent out to the public regard

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BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on Captiva, 472-1646.

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2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

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Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502. SANIBEL COMMUNITY CHURCH 1740 Periwinkle Way, Sanibel, 472-2684 Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare available at all services.

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UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.

New Sunday School Teacher

Athy Monroe has joined Sanibel Congregational United Church of Christ as kindergarten through fourth grade Sunday school class teacher.

"We are happy Kathy is joining of our growing children and youth ministry" said Associate Pastor Deb Kunkel. "Kathy's teaching reflects her enthusiasm and experience along with a genuine concern for the life and faith of her students. We hope to expand her role in our children and youth ministry over the coming months so more children benefit from her many talents and gifts."

Monroe was a director of Lake Carroll Baptist Christian Learning Center in Tampa. In her faith journey, she has served as a superintendent of church school, director of community vacation bible school, a youth leader for American Baptist Church's national Youth Leadership Core (YLC) program and a Sunday school teacher, facilitator and trainer. She has more than 17 years of social services experience. Monroe



Kathy Monroe

currently teaches high school within the Lee County School District.

Sanibel Congregational United Church of Christ offers Sunday school classes for preschool, kindergarten through fourth, and fifth through graders each Sunday at 9 a.m. November through April, and at 10 a.m. from May through October. The church is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.

Children Learn Through The Lens Of A Microscope

Students at Sanibel Christian Preschool recently examined some leaves, onion skins and feathers through a microscope as part of their daily

sanibelucc.org.☆

Sanibel Christian Preschool offers a well rounded curriculum for students with introductions to science, fine arts and classical musical as well as the ABC's.

Scholarships based on financial need are available. The preschool is a ministry of Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. For more information, call 472-0497.



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VPK Available At Summit Christian



Kahanu Otalvaro tries on some crazy hair at Summit Christian Preschool.

'ahanu and Kekoa Otalvaro attend Summit Christian Preschool at Sanibel Community Church. This fall 2015, they will be able to access quality preschool four days per week for free through the Florida Voluntary Preschool program.

The preschool is located at 1740 Periwinkle Way and the director is Leslie Celestin, who has a masters degree in early childhood education.

FISH Sponsors Mobile Mammogram

omen of all ages will have local access to mammography services on Monday, May 11 from 9 a.m. until noon., when FISH of Sanibel-Captiva, Inc. sponsors the Radiology Regional Center's Mobile Mammogram for the island community.

Mammograms are x-rays of the breast, continuing to be the gold standard and the key to life-saving early detection of breast cancer. Early detection allows for a greater number of options for treatment and a better chance of survival. The Radiology Regional Center's Mobile Mammography Coach is a customized, mobile breast-imaging clinic, bringing the latest technology in digital mammography directly to you. Convenience, state of the art technology and exceptional quality are the reasons why women choose this service.

The FISH-sponsored mobile mammography trailer will be stationed at the Bailey's General Store parking lot. This service is made possible through a partnership with The Zonta Foundation of Southwest Florida. Residents can book an appointment or learn more about the program by calling Christine or Jessi at the FISH Walk-In Center at 472-4775. No prescription is necessary for this service, and FISH may be able to provide financial assistance to those without insurance or with limited financial resources. All financial assistance cases must first go through a detailed intake process and provide certain financial documentation to FISH. Each case is evaluated privately, on an individual and per instance basis. There is no guarantee of financial assistance from FISH.☆



Kekoa Otalvaro prefers a crazy color hat.

For registration information, contact the main campus at 482-7007.

From page 9

Today Show

beach towels, flip-flops, a beach chair and umbrella, sand and shells, including a beautiful junonia.

'We have also included some ripe Florida oranges and, of course, the requisite champagne to make the perfect Sanibel Mimosa," said Blanaid Colley, business development director for Hillgate Communications, who helped assemble the gift basket on behalf of the chamber. 'We even put a photo of Kathie Lee and Hoda on sun loungers in a photo frame so they can imagine being on Sanibel."

News of the Today Show feature was announced during last week's annual chamber meeting.

"We have always treasured our family visitors and this is the greatest compliment that they could pay us," added Base. "The exposure that this segment will give us will enhance our reputation for years to come," said Base.
Also, Colley said that the segment

will include parts of the Explore Sanibel video developed by John R. Wood Island Real Estate.

'We think this award and the Today Show segment will be an excellent way to showcase Sanibel as a perfect family getaway - the awards were voted on by 2,000 individuals with children aged 2 to 12," said Colley. "We also think it will help promote Sanibel – and Captiva – as



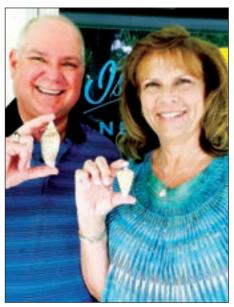
Shells Found



Alexis Novak

lexis Novak from Rutland, Massachusetts found these tulips at Gulfside City Park and Blind Pass while on spring break.

Shells Found



Brian and Sharon Gardner

rian and Sharon Gardner from Cedar Rapids, Iowa found a junonia and an alphabet cone on the beach near Sandalfoot at low tide while staying at Sandalfoot Condominiums. They said, "We found both shells about the same time in the same area at low

Green Sea Turtle Release



Green sea turtle, patient #15-0722

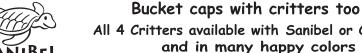
green sea turtle (#15-0722) was brought to CROW on April 3 by Sanibel resident Ralph Woodring, after being caught in a shrimp boat roller net. Fortunately, the sea turtle only received superficial lacerations and was given supportive care including antibiotics and anti-inflammatory medication. The sea turtle was tagged on its front flippers and fitted with a microchip for future identification. When a sea turtle is found injured or dead it can be identified if it has tags or a microchip. On April 17, the sea turtle was successfully released by CROW staff and its rescuer Ralph Woodring off San Carlos Bay near Sanibel. To see a video of the release, go to http://bit.ly/1bvCFkj.

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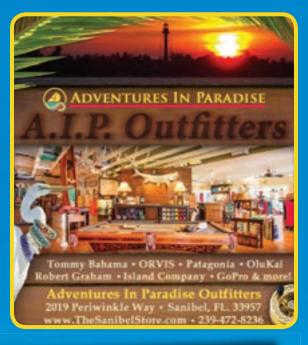
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The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 1, 11 a.m., \$5 included with admission – Wild About

Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

Monday, May 4, 11 a.m., \$5 included with admission – Wildlife Rescue 101, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Tuesday, May 5, 11 a.m., \$5 included with admission – Patient Profiles: Sea Turtles, presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. Hear one of CROW's team members describe why they are admitted and how the medical staff treats this species.

Wednesday, May 6, 11 a.m., \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, May 7, 11 a.m., \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter describes why they are admitted and how the medical staff treats this species.

Thursday, May 7, 2 p.m., \$20, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Friday, May 8, 11 a.m., \$5 included with admission – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.



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CROW Case Of The Week:

Green Sea Turtle



by Patricia Molloy

pproximately two weeks lago, an injured green sea turtle was rescued from the cool gulf waters. Upon presentation, the wildlife veterinarians at CROW determined that the thin, young

female – patient #15-0822 – had been wounded by a boat propeller. The turtle would require immediate supportive care in the form of antibiotics, anti-inflammatories, nutrient-rich food and plenty of rest to ensure survival.

Green sea turtles (Chelonia mydas) are the largest of the hard-shelled sea turtles. Weighing up to 700 pounds (317.5 kilograms) as adults, the life span of these reptiles is approximately 80 years. Remarkably, the ancestors of green sea turtles evolved on land and took to the sea approximately 150 million years ago. They are one of the few species on Earth so ancient that they watched the dinosaurs evolve and become extinct.

Thanks to the generous support of donors like Matt Asen, owner of Timbers Restaurant and Fish Market on Sanibel, CROW was able to provide the turtle with three meals per day consisting of squid stuffed with fish. Despite consuming a high-volume of food, the turtle was slowly

losing weight. Upon reviewing her medical charts. Dr. Heather discovered that the patient was gobbling up the squid but leaving the fish untouched. "We are (now) giving her trout chow stuffed in the squid for extra calories and a good round of nutrition," said the hospital director. The results were swift. "Her head looks less emaciated; you can't see the bones of her skull quite as well," noted Dr. Brittany, DVM intern.

While the staff members at the Sanibel clinic relish the opportunity to help sick and injured marine turtles, caring for the large creatures is labor-intensive and costly. In addition to administering medications and preparing special food, the tanks must be drained almost daily, which takes approximately two hours per tank (CROW owns three). During the process, each turtle is placed in a kiddie pool filled with a small amount of water and a soft towel. When sea turtles are taken out of the weightless environment of salt water, their heavy shells bare down on their plastrons, or undershells. Patient comfort is of utmost concern.

The exceptional medical and supportive care given to the green sea turtle has paid off quickly. "Her wounds are looking really good," said Dr. Brittany. "All of her scabs are close to falling off. And she's feisty! (That) means she's nearly ready to

As it is each Spring season, the clinic is close to full capacity with dozens of sick, injured and orphaned songbirds, pelicans, gopher tortoises, bunny rabbits, squirrels, ducklings and opossums that require around-the-clock care. In addition



The green sea turtle, patient #15-0822, casually swam several laps around its salt water tank after a breakfast of stuffed squid. Here, she breaches the surface for a breath of fresh air.

to the green sea turtle, a critically-ill loggerhead turtle is in a nearby tank. "We're trying to get some volunteers that want to work with sea turtles to help (because) we need another pair of hands. We are so short-handed," explained Dr. Heather.

If you can help, contact volunteer coordinator JoEllen Urasky at 472-3644

ext. 229. Training is provided.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆





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Windy Day Back Pocket Tarpon Spots



by Capt. Matt Mitchell

ost of my time this week was spent catching snook and trout. We did manage a few bonus redfish and larger mangrove snapper that came while snook

fishing. Live shiner fishing remained the go-to method to catch a wide variety of species. Currently, the sound is just loaded up with baitfish. Pick any shallow grass flat or lump out there that has diving pelicans to make a few throws with a cast net for that blacked out live well of shiners.

Pass fishing for snook continued to go off with lots of mostly little males chewing well. As long as the tide was moving, you could find action on these snook in

all our passes and out along the beaches. Almost all these fish under the slot size of 28 inches and, as of May 1, this fishery will close and be all catch-and-release only until September. Have fun catching these fish, but be as gentle as possible when unhooking and releasing them.

A good idea when handling snook – or any fish you plan on releasing – is to always wet your hands first, or better yet, use a hook out tool and don't even take them out of the water. Touch these fish as little as possible. Use of a landing net, or worse yet, dragging them up on the beach, knocks the protective slime coat off the fish. If you're going to get a picture to remember your catch, keep the fish in the water until the camera person is ready to go, keeping the fish out of the water as little as possible. When holding a fish, support the belly and weight of the fish evenly, then take that extra time to fully revive it.

With so many snook in the passes, keep your eyes peeled for the dolphins that make a living here going boat-to-boat eating these stunned snook as they try to swim away. A few times this week, we had to just stop fishing or move to get away from the dolphins. Feeding dolphins is against the law; they can feed them-



David Cowler with a 38-inch snook caught and released fishing with Capt. Matt Mitchell

selves without our help.

Mangrove islands around the mouth of the river held some larger snook this week. This bite was a very short, roughly a two hour window that happened when the tide got up just right. Find any windblown mangrove point with good moving current and odds are the snook will be there. One favorite mangrove island only happens for me on a south wind with big high water. We lost a giant snook here three different times this week. I would like to think its the same smart fish, but who knows for sure? This same spot also produced some smaller snook, mangrove snapper up to 14 inches and a few overthe-slot redfish.

The trout bite has been good most days, even during periods of very slow moving water that we experienced midmorning this week. Large clear water bays inside the "Ding" Darling that the shallow grass and deeper sand bottom come together held lots of trout of all sizes. Working these edges with live shiners was some of the more consistent trout fishing I have seen in a while, with most of these fish being of keeper size and a few over 20 inches. Grass flats from Redfish Pass to Captiva Pass where also good places to catch bigger trout. Look for these fish to be on in the same sand and grass transition areas. Up here, don't be surprised to hook a passing tarpon on your shiner while trout fishing.

As in typical fashion of years past, tarpon fisherman are greeted by windy May conditions making sight fishing them tough. When lucky enough to get a few of those slick calm days like we had this past week, it was amazing how many tarpon I spotted all over in the sound. Of course, I did not have tarpon trips during those perfect condition days but ran into rolling fish just about everywhere I went. Take advantage of these not so often slick calm days and find the areas tarpon are using for future reference so that during those windy days you have some tarpon confidence spots in your back pocket to ride out of the wind.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or guestions, email captmattmitchell@aol.com.

Send your editorial copy to: press@islandsunnews.com

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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Bob Walsh of RS Walsh Landscaping discusses the proposed restaurant property's

From page 10

Doc Ford's Move

ing the restaurant's application, explained that the Doc Ford's move was necessitated by the current property's lease not being renewed. He then introduced several speakers who discussed specific details of the application, including landscape architect Bob Walsh of RS Walsh Landscaping and Jim Banks, traffic consultant with JMB Transportation Engineering.

"I'm not saying that Doc Ford's won't generate additional traffic," said Banks. "However, it won't generate more traffic than other permitted uses for the site would generate.

Opening the public comment portion of the meeting, local resident and business owner Al Hanser – who previously attempted to construct a medical office on the same parcel – spoke in support of the application, and called the persons responsible for sending out anonymous postcards and newspaper advertisements against the proposal "cowardly."

For the next several hours, dozens of audience members were offered the opportunity to speak on the issue, with a three-minute time limit being enforced. An informal count at the end of the period counted 29 members of the public speaking against the application, and 10 speaking in favor.

"As much of a fan as I am of Doc Ford's, I'm not a fan of in-season traffic,' said resident Ron Dudley, while Tommy Williams discounted the validity of the traffic study for it not taking into account seasonality peak periods of traffic. Also, Rick Perry suggested that the city consider ways to protect Island Inn Road.

'Could there be a worse usage that you could put there than this?" asked island realfor Susan Dunn, who admitted that she had sent the anonymous postcards in an effort to stir public awareness on the issue. Molly Heuer, who took several turns at the microphone, called on the commission to strengthen the commercial zoning codes.

However, a number of islanders spoke up in support of the application. "Marty Harrity and Doc Ford's are good neighbors," said Jeff Powell. "Consider what they've done for the community." Karen Storjohann added, "We should be listening here to the facts, and dealing with nothing but the facts.'

Larry Schopp, speaking on behalf of the Committee of the Islands, called for a decision to be made without "intuition or emotion.

However, the most passionate speakers voiced opposition to the proposal.

"If all of the restaurants on Sanibel were to close tomorrow, no one would starve to death," said Dr. John Raffensperger. Fellow resident Allison Ward, who asked the commission to postpone their decision until a more thorough traffic and parking study could be completed, told the audience, "If you really think that this is wrong, stop patronizing Doc Ford's."

'Regulations are written by humans and can be unwritten by humans. Are we here today for the unwriting?... The Sanibel Plan must be upheld, not unwritten," said Charlie Sobczak, who lives in close proximity to the proposed restaurant. He later chided the commission's anticipated approval as being "little more than a rubber stamp on a terrible idea.

Several commission members spoke in appreciation of hearing the differing opinions coming from the audience, but defended the city's process for permit applications.

We do value the opinions of the public," said commission chair Dr. Phillip Marks, who noted that the seven-member panel was "respectful and patient" during the entire application process, including Tuesday's meeting. At times, Marks reminded the crowd of the city's rules of civility for public participation, in reaction to applause, chatter or outbursts.

Following some additional questions by members of the commission for the applicant and planning department staff, Ketteman made a motion to approve the applications subject to the 21 conditions proposed in the staff report and questioned by the commission itself. Commissioner Jason Maughan seconded the motion, which was unanimously approved, 7 to 0.

The application will return to the planning commission at their next meeting, scheduled for Tuesday, May 12 at 9 a.m. for final approval of the resolution. However, public comment on the application will be closed.

Being the last vacant lot of commercial real estate on Sanibel, I'm not surprised by the amount of opposition to this," added Hartsell.☆

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It's easy to see why this native twining vine is called devil's gut and air creeper, among other common names

Love Vine Or Devil's Gut?

by Gerri Reaves

It's difficult to decide what to call Cassytha filiformis, given its double Lpersonality and numerous common

Monikers such as love vine and princess hair call attention to the native plant's benign characteristics, while names such as devil's gut, woe vine and air creeper refer to its detrimental tenden-

This twining, climbing vine is a member of the laurel family, which includes cinnamon, sassafras and avocado. In the wild, it is found in sandy areas, scrubs, pinelands and hammocks.

Stems vary from light green to yelloworange, and the leaves, or scales, are so tiny as to be nearly invisible. The threadlike stems can be as long as eight or 10

Clusters of cup-like white globular flowers appear at the stem ends and bloom throughout the year.

The fleshy berries of about one-fourth inch in diameter are dispersed by floating in water or by birds.

On the positive side, the vine flourishes without any maintenance in full sun and has attractive fall and winter color.

The thick growth offers cover to birds and other wildlife.

It is used medicinally in various cultures - including for love potions - and in Hawaii, for leis, roofs, and even food.

Then there's the devil's gut side of the vine. This parasite lays down successive layers of dense "thatch" each season, to the detriment of the host plant.

If allowed, it will cover swathes of a landscape or trees as large as its favorite live oak, as well as avocado and citrus.

It deprives the host of sun and resources by attaching suckers that enable it to invade the host's living tissue beneath the bark and draw out nutrients.



Even parasitic plants have their positive attributes. While attempting to take over the cabbage palm, love vine, aka devil's gut, provides a resting place for air plants. photos by Gerri Reaves

The plant's built-in restraint in this relationship means that it rarely kills the host that it's advantageous to keep alive.

If this native with a dual personality volunteers in your yard, consider that even a parasitic nature and fast growth might be useful for particular purposes: covering a fence, creating a screen, or even eliminating an unwanted plant to which love vine takes a liking.

Just be sure to keep an eye on it and be ready with the pruning shears.

The best way to rid the landscape of this vine is to physically remove it and keep watch for its reappearance. Sources: Everglades Wildflowers by

Roger L. Hammer, National Audubon Society Field Guide to Florida, enature. com, eol.org, floridasnature.com, lee.ifas. ufl.edu, and treasurecoastnatives.word-

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Common **Atlantic** Marginella



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

he common Atlantic marginella, Prunum apicinum (Menke, 1828), has a shell that

may reach 10 mm (almost half an







inch). The shell is pear-shaped, with a highly polished surface. The outer lip of the shell is adorned with two or three darker spots. The shell of live individuals is translucent, almost transparent, revealing colors and patterns on the animal's body within. The shell will become opaque after the death of the animal. The species is very common in the seagrass beds present all through the protected back waters of South and Southwest Florida. The picture of the live animal was taken by Amy Tripp on Goodland, Collier County.

Shell Museum Events

Daily at 11:30 a.m. and 3 p.m. - Live Mollusk Tank Talk: Learn more about the shell makers from one of our marine biologists.

Mondays, 2 p.m. - Carolyn's Collection: A fun and engaging look at

gem-quality shells of a private collector. Tuesdays, 2 p.m. – What is a Mollusk? A marine biologist offers a fun and informative introduction to mollusks found throughout the world.

Thursdays, 2 p.m. – Shell ID: Get mysterious finds identified by an expert.

Fridays and Sundays, 2 p.m. -

Shelling 101: Learn how and where to shell our local beaches.
Saturdays, 2 p.m. – Giant and Colossal Squids: An expert's insights into the lives of these mysterious creatures.

Daily Island Inn Morning Beach Walks:

Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10, and parking at Island Inn is free for beach walk participants. Space is limited so book online at www.shellmuseum.org/events or call

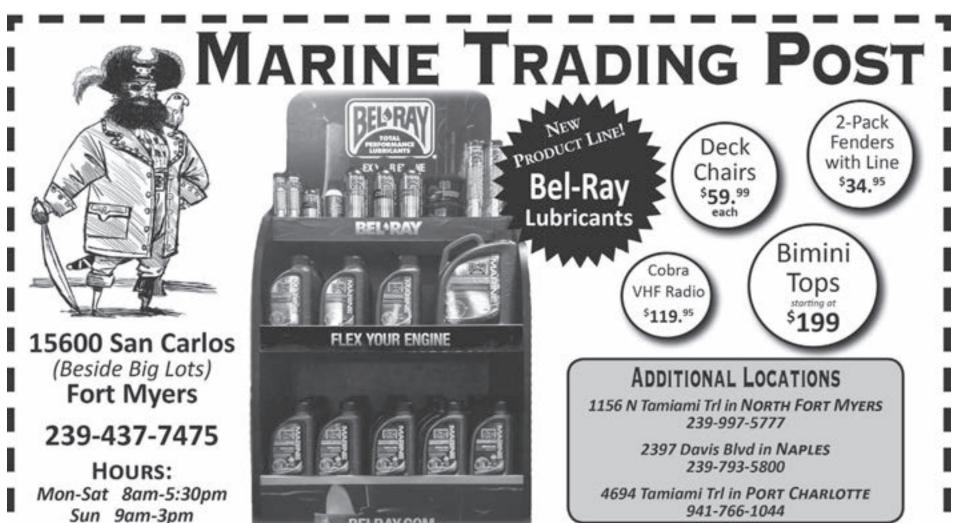
photo by José H. Leal, photo of live animal by Amy Tripp 395-2233 to make a reservation. All beach walk participants receive half-off

shell museum admission. (Current Island

Inn guests: Please book through the Inn). The Bailey-Matthews National Shell Museum is at 3075 Sanibel-Captiva Road. Phone 239-395-2233 or visit www.shellmuseum.org.☆

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At Periwinkle & Casa Ybel



Angie Angelo's first grade class celebrated Earth Day last week by planting more than a dozen Bahama wild coffee trees at The Sanibel School with environmental educator Richard Finkel

photos by Jeff Lysiak

SCCF Educator Plants Trees With First Graders

by Jeff Lysiak

s part of last week's Earth Day activities at The Sanibel School, first graders planted more than a dozen Bahama wild coffee trees – donated by the Sanibel-Captiva Conservation Foundation's Native Plant Nursery – with environmental educator Richard Finkel on April 23.

Seventeen youngsters enrolled in Angie Angelo's class culminated a

recent science project with the planting of the trees in two garden areas adjacent to the school's main courtyard.

According to Angelo, her students met with Finkel every week since early March, writing down the lessons he taught in their science journals.

"We would visit the lab every week to conduct some experiments, and all of the children would write notes in their journals," she said. "We're going to show the journals to parents on Education Celebration Night."

"We're doing this in honor of Earth

"We're doing this in honor of Earth Day!" shouted first grader Nicholas Tyson.

Grouped in pairs and threes, the class took turns removing the trees



Jazlin Guerrero, left, helps Richard Finkel remove a tree from a pot before planting



Drew Barron places a tree in a hole



Lily Brennan and Molly Dunn prepare to plant their tree





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The entire class surrounded Richard Finkel as he explained how a tree's root system



Nicholas Tyson and Max Doster deliver a pitcher of water together



Drew Barron helps Matthew Jaukauskas water a tree

from their pots, planting them in precut holes and adding a little bit of dirt around the base before watering them.

Finkel also noted that this project coincides with his annual third grade class study on trees, which concludes with those students planting their trees - which they received as seedlings at the beginning of the school year - on the campus of The Sanibel School.☆

Rene's





On April 24, volunteers joined the Sanibel-Captiva Conservation Foundation's effort to restore oyster bed populations in San Carlos Bay and Tarpon Bay by bagging and deploying bags filled with shells photos by Jeff Lysiak

SCCF Continues **Oyster Restoration Efforts**

by Jeff Lysiak

ore than a dozen volunteers joined the Sanibel-Captiva Conservation Foundation's effort to restore oyster bed populations in San Carlos Bay and Tarpon Bay by bagging and deploying bags filled with shells. Last Friday morning, the group staged the latest in SCCF's ongoing oyster restoration project at the City of Sanibel Boat Ramp.

Late last year, SCCF's Marine Laboratory was awarded a \$500,000 grant from the Florida Department of Environmental Protection (DEP) to help re-establish oyster populations and seagrass beds in the Caloosahatchee Estuary.

According to Dr. Eric Milbrandt, director of SCCF's Marine Lab, harmful freshwater discharges have resulted in losses of oysters and seagrasses in the Caloosahatchee Estuary. The grant will be used to re-establish critical estuarine habitats of shellfish and submerged aquatic vegetation beds.

'There are a number of open water reefs we're targeting, with virtually no animals left on them," Milbrandt explained. "What this will do is allow the oyster larvae to attach to it and grow along the reef. Once you get a few of them to attach that way, they begin to attach to each other."

Among the benefits of helping restore eastern oyster populations are the formation



SCCF's Sarah Bridenbaugh, right, passes out work gloves to volunteers

of intertidal reefs in the local estuary, providing a habitat for fish and invertebrates, stabilizing shorelines and preventing erosion.

On April 23, SCCF staff members and local volunteers gathered near the boat ramp and began shoveling a large pile containing approximately 20 cubic yards of shell material into buckets. Milbrandt hoped that the group would fill about 400 buckets, which would then be delivered via boat to a pair of sites in Tarpon Bay and San Carlos Bay.

"We're going to split the group up for deployment," he told the group during their first work break. "Where we're going, the water comes up a little above the knee, so it's not that deep.

Four Sanibel restaurants - including Timbers, Lazy Flamingo, Sanibel Fish House and Doc Ford's - have joined forces to collect oyster shells for the Marine Lab project. A commercial operation out of Charlotte County provided the bulk of fossil shells furnished for the project.

Milbrandt also said that a large-scale oyster reef restoration will be completed using professional contractors that will haul some 700 tons of shell material into a section of Matlacha Pass near the mouth of the Caloosahatchee.

We hope to form a conglomerated reef, which will help the oyster populations regrow," he added. "Reefs around here have been depleted due to extreme floods and droughts.

On Tuesdays and Fridays from 8 a.m. until noon, SCCF's Marine Lab will continue its small-scale operation using staff and volunteers to shovel, bag and disperse shell material. Volunteers must be at least 18 years old, be able to lift 50 pounds and be prepared to work in extreme conditions (heat, rain, bending over, etc.). For more information or to sign up, call 395-4617 or send an email to sbridenbaugh@sccf.org.

"A total of 20 deployments is our benchmark, but we're going to do as many as we can," said Milbrandt.

The Caloosahatchee was originally a shallow, meandering river, but over the past 120 years it has experienced extensive modifications in the interest of navigation, flood control and development. As a result, heavy rainfall brings large influxes of fresh



The group of volunteers and SCCF Marine Lab workers who bagged and deployed oyster shells last week



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Emily Anderson and Dr. Eric Milbrandt deliver buckets filled with shells to the collection



SCCF's Marine Lab vessel leaves the Sanibel Boat Ramp during the first deployment launch last Friday morning



Dr. Eric Milbrandt, director of the SCCF **Marine Laboratory**

water and polluted stormwater runoff from both the watershed and releases from Lake Okeechobee. These events degrade water quality and the health of oysters and seagrasses in the estuary.

However in recent years, the DEP, the Southwest Florida Water Management District, the Department of Agriculture and

Consumer Services and local governments are promoting or implementing best management practices, stormwater controls and other water quality restoration projects to bring the Caloosahatchee Estuary back to health.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. Visit www.sccf.org for more

Charlotte Davenport scoops a pile of shells into a bucket



CELEBRATE MOTHER'S DAY on the Gulf

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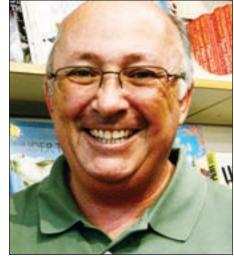
Refuge Nature Store Adds Assistant

im Sturch of Sanibel Island recently joined the staff of the "Ding" Darling Wildlife Society-Friends of Refuge (DDWS) as weekend shift manager of the Nature Refuge Store in the free "Ding" Darling Visitor & Education Center.

Sturch is in charge of customer sales and service, inventory, and volunteer management for Saturday and Sunday store hours. He also works fulltime during the week as a coordinator of aggregate material for delivery within the concrete industry.

"My background is in retail managing and auditing," Sturch said. "Prior to that, I spent 17 years in the banking industry with businesses in commercial lending and international imports.

DDWS operates the Refuge Nature Store to benefit education and other projects at the JN "Ding" Darling Wildlife Society on Sanibel. All store proceeds support the refuge.



"Working with the volunteer staff is great because the volunteers are very nice, and they all have diverse backgrounds," added Sturch, a Chicago native. "Coming to work at the refuge is such a pleasure because of the beautiful nature settings.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org

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Rauschenberg Foundation Announces Local Grant Recipients

he Robert Rauschenberg Foundation and Southwest Florida Community Foundation will support six local non-profits through their new granting partnership. The two foundations have collaborated to create a vibrant grant program that will enable and support critical social innovation in Southwest Florida. Awards include:

• \$46,350 to the Laboratory Theater of Florida for its Give Youth the Stage program;

• \$48,800 to the Sanibel-Captiva Conservation Foundation for its Combining Arts and Sciences to Improve Water Quality in Southwest Florida;

• \$46,325 to Goodwill Industries of Southwest Florida, Inc. for its community-based Bicycle and Walking Audit program;

• \$32,000 to the Human Trafficking Awareness Partnerships, Inc. to enhance its ARTREACH program; and

• \$26,500 to Jewish Family Community Services for its Music Makes Memories pro-

The Alliance for the Arts was also awarded a \$50,000 challenge grant for its Campus Enrichment Plan.

The Rauschenberg Foundation grant allows Sanibel-Captiva Conservation Foundation to broaden its reach for informing people about the critical nature of water quality in the Caloosahatchee, the estuary and around the islands," said Kristie Anders, SCCF education director. "By using a multi-modal approach integrating the arts and science, we will attract an audience that may not currently be reached by SCCF's standard communications. Using music, community art and brief talks in a more festive atmosphere and in a variety of venues, we hope to increase people's desire to engage in conversation with one another and decision makers regarding one thing that brought many of us to Southwest Florida: the water, and at the interface of land and sea, the beaches.'

Projects and programs of particular interest were those led by non-profits that are collaborating to address the region's pressing issues.

For more information, visit www.rauschenbergfoundation.org or www.floridacommunity.com.☆







George Campean, Dave Burnett, Dr. Phil Marks, Leigh Gevelinger and Luis Santiago

Landscaping Company Donates Native Tree

S Walsh Landscaping celebrated Arbor Day by donating and planting a native Clusia rosea (also called Autograph tree) at the Airport Way Community Housing and Resources community playground. Arbor Day is an annual observance that celebrates the role of trees in our lives and promotes tree planting

"It is businesses like RS Walsh Landscaping that not only recognize national events such as Arbor Day, but then celebrate locally through their generosity," said Richard Johnson, president of Community Housing and Resources. "Community Housing and Resources deeply appreciates the support we receive from our community.

"Community Housing and Resources provides affordable housing to families and individuals who work on and/or serve the community of Sanibel," said Leigh Gevelinger, RS Walsh head of landscape design. "We are celebrating Arbor Day by making the playground more beautiful for the families that enjoy it."

Rental Service Donates To Fish

'sland Rental Services has decided to donate it's medical and health equipment to FISH of Sanibel-Captiva, Inc.

"It just makes sense," said Mark Baldassarre, Island Rental Services owner. "FISH has been providing this service through their equipment loan program for over 30 years. They have a 24-hour service line that can accommodate folks needing this service in an efficient way. We are happy to be able to help FISH take care of our island neighbors and visitors who need medical equipment.

To borrow equipment from FISH, call 472-0404. A FISH volunteer will arrange to

meet those needing equipment at Sanibel City Hall, located at 800 Dunlop Road. "We are so thankful to Island Rental Services for this donation," said FISH board member and equipment manager Jerry Edelman. "It will be very helpful to have extra pieces on hand, especially during 'season', when our equipment program is the busiest. In 2014, we loaned out over 650 pieces of medical/health equipment."

Memorial Garden Ribbon Cutting



Kris and Doug Ryckman, Cindy DeCosta, and Fred and Susan Ryckman at the ribbon cutting for the memorial garden

ne Children's Education Center of the Islands honored its first director, Martha Ryckman, with the Ryckman Memorial Garden this past week. The ribbon cutting included releasing butterflies and ladybugs that the students had raised and studied as a science project.

Ryckman was the first director of the Children's Education Center of the Islands in continued on page 50



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Mondays, 1-3:30pm \$75 member | \$94 non-member

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See a full listing of this season's programs at

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ISLAND FARE

Dine Your Way Around Sanibel And Captiva With Anne Mitchell

For more information, check out our advertisers in this week's Island Sun

RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen desserts.

AMONG THE FLOWERS CAFE

Among the Flowers Cafe features local and organic vegetarian/vegan fare. Some of the featured items are fresh pressed juices and smoothies, fresh organic coffee and an espresso drink bar, fresh house-made nut milks, raw protein gems and chocolates, organic egg sandwiches and salads, Queenie's local ice cream, local beers and organic/sustainably farmed wines, gluten free bakery with custom layered cakes and complete party catering. You'll also find original art with uplifting messages as well as salt lamps, sage wands, handmade jewelry, T-shirts and gift-baskets.

Open 7 days a week for breakfast, lunch and early dinner until 6 p.m. Call-ahead for to-go orders, or sit outside under a covered deck.

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday 12 p.m. to 8 p.m. With fresh ingredients, mouth watering mozzarella, "secret recipe" dough and homemade pizza sauce, Beach Piez will deliver the best pizza the island has to offer. Stop in for the slice of the day.

BENNETT'S FRESH ROAST

Bennett's Fresh Roast at 1020 Periwinkle Way prides itself on its fresh-from-scratch doughnuts made daily and being the only Southwest Florida doughnut shop offering fresh roasted coffee from the finest beans. They also offer fresh desserts including praline bread pudding and lemon bars, packaged whole bean or ground coffees, breakfast muffins, oatmeal, breakfast sandwiches, strata (a layered baked breakfast dish) and a large variety of Harney & Sons Fine Teas. Lunch offerings including paninis, soups, sandwiches, signature salads and Bennett's Chicken & Donut, Donut Dog and a Lobster Roll are available Monday through Sunday from 11 a.m. to 2 p.m.



Mary Hansen at George & Wendy's Seafood Grille

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at handpainted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and \$4.95 appetizers. For early diners, there's a three-course prix fixe menu for \$35 including a cocktail. In addition to an updated

wine list, seasonal house-infused liquors such as strawberry-jalapeño tequila, blood orange vodka and cucumber qin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

CROW'S NEST AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

In addition to its Sanibel restaurant, Doc Ford's has a Captiva location in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular the Shrimp Po' Boy.

Featured monthly events include Trivia Night, Corks & Canvas, Comedy Night, dinner, dancing and live entertainment, and bridge. There is a Friday a la carte dinner menu with featured selections each week such as fish fry, prime rib, seafood and pasta nights.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m.

GEORGE & WENDY'S SEAFOOD GRILLE

George & Wendy's Seafood Grille features live music Fridays and Saturdays and Karaoke on Thursdays. Specials include barbecued ribs on Monday for \$18, prime rib on Tuesdays for \$18, crab legs on Wednesdays for \$18, steak lovers special on Thursdays for \$18 and Friday night fish fry for \$15.

There is a live jazz brunch buffet on Sunday from 10 a.m. to 1 p.m.

Happy hour is from 11 a.m. to 6 p.m. The full bar has an extensive wine list, 20 beers on tap, local, domestic and craft beer, mojitos, martinis and tropical favorites

Football food and drink specials are available in the bar area only during all NFL and Saturday college games. There are free Jello shots with each Chicago or Buffalo touchdown.

Hours are 11 a.m. to midnight seven days a week.

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREENHOUSE GRILL

The Greenhouse Grill has happy hour daily that includes \$2 off house wine, \$1 off draft beer and half price special of the day appetizer from 4 to 6 p.m. There are vegan and gluten free options available. Fresh, local, seasonal ingredients are used to flavor steaks, seafood, pasta, salads and burgers. The signature Bouillabaisse is a seafood lover's delight with fresh shrimp, mussels, clams, scallops, grouper and calamari. Homemade lemonade and green tea with pomegranate are a favorite among guests. Grand finales include Chocolate Fondant, Tiramisu, Crème Brule, Cannoli and other delectables. Pet-friendly patio seating available.

The Greenhouse Grill is open daily from 10:30 a.m. to 9 p.m. Reservations are appreciated and carry out orders are welcome.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.
Dinner reservations are suggested.

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the wellstocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other - the original - at 6520 Pine Avenue, near Blind Pass. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

LIGHTHOUSE CAFE

Sanibel's popular breakfast and lunch restaurant on the east end also serves dinner from December 15 until the end of April. Owner Mike Billheimer, Sanibel native and member of a family operating one of Sanibel's first restaurants back in the 1950s, took over this legendary cafe in 1988 and has been mentioned in Gourmet, Bon Appetit, Country Living, Southern Living magazines for their outstanding food quality and service. Try one of the selections of eggs Benedict, homemade wholewheat granola hotcakes or one of the three-egg omelets.

The French toast is made with a rich custard batter and real French bread. Breakfast is served until 3 p.m. The most popular lunch item is the fresh, local grouper sandwich served crunchy fried, chargrilled, blackened, sautéed or broiled. Open 7 days. Call ahead seating for breakfast and lunch, and reservations accepted for dinner.

MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual marketlike setting. Gluten-free pizza is also available.

Matzaluna has craft beers on tap. On Wine Wednesdays, every bottle priced \$25 and over will be discounted by \$8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

MUCKY DUCK

The Mucky Duck may well be the most famous restaurant on Captiva due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds - sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and

OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm - from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN "Ding" Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

PECKING ORDER

The Pecking Order, features tender, juicy, broasted fried chicken and the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating and holds in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, red mashed and gravy, fried pickles and veggie chili. Try the Black Betty, a warm, dark chocolate cupcake filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners sugar.

Take out and outdoor dining available. .

POCOLOCO

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable

RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME **BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS**

Five Captiva eateries under the same ownership RC Otter's, Cantina Captiva, Sunshine Seafood,
 Keylime Bistro and Captiva Pizza, Yogurt & Gifts offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at \$4.50 for items such as nachos with cheese and salsa and \$5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANDBAR

Currently serving happy hour from 4 to 5:30 p.m. every day in the lounge only, and dinner from 5 to 9 p.m. Since opening in 2013, The Sandbar has become known for its fresh seafood and choice cuts of beef and pork.

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL FISH HOUSE

Find out why Sanibel Fish House is such a great addition to the list of Sanibel restaurants. We offer a wide range of fresh seafood as well as our great alternative choices at reasonable prices.

Come and see us in our delightful tropical island setting. Open 11 to 10 daily with excellent lunch and dinner specials. Don't miss the best happy hour on the island 11 to 6 daily and all day on Saturdays and Sundays in The Lounge! The Lounge opens 11 to 10 Sunday through Thursday and until 1 a.m. on Fridays and Saturdays.

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups lentil. Vietnamese Pho. etc. – are popular year-round. as are vegan lasagna. Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner 8.30 a.m. to 7 p.m. Monday through Saturday.

SUNDIAL BEACH RESORT & SPA

The Sea Breeze Café at Sundial Beach Resort & Spa is open 7 days a week, from 7 a.m. to 10 p.m., serving breakfast, lunch and dinner. Dine indoors or al fresco, overlooking the gulf. Choose from classic tavern fare, fresh seafood, innovative entrees, salads and sandwiches. There is a daily happy hour from 4 to 6 p.m. with drink specials and bar menu. Every Monday is Margarita Monday with \$5 margaritas from 4 to 10 p.m. and live island-style entertainment from 5:30 to 8:30 p.m.

Turtle's Pool & Beach Bar serves imported and domestic beer, wine and tropical drinks in a casual outdoor island setting just steps from the gulf. A full menu is available at the poolside dining patio from 11 a.m. to 7 p.m., including seafood, award-winning burgers and fresh salads. Happy hour is 3 to 5 p.m.

every day.

Create your own custom pizza or grab a quick snack at Slice of Paradice, Sundial's newest poolside dining option, featuring slices, specialty and custom pizzas, grab and go salads, hot dogs and hand scooped ice cream, including Sundial's signature flavor, Island Delight. Open daily from 11 a.m. to 9 p.m.

All restaurants and bars are open to the public.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

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Sautéed Shrimp and Green Beans

 $1\frac{1}{2}$ pounds shrimp, peeled and deveined

3 tablespoons olive oil

2 cups green beans, cleaned

2 cups mushrooms, sliced

½ cup almonds, sliced 2 tablespoons soy sauce

Cook shrimp in half the olive oil, set aside.

Heat remaining oil and sauté beans and mushrooms until beans are tender. Add almonds and soy sauce.



Sautéed Shrimp and Green Beans

Best Take-Out ON THE ISLANDS

The Sanibel Sprout

2463 Periwinkle Way in the Bailey's Center

Vegan Cafe and Juice Bar Open 8:30 am to 7 pm

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The Only Dockside Dining on Sanibel Located at the Sanibel Marina Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

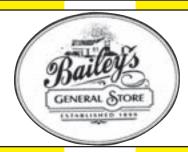
Dining Awards: 6 years running



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Preschoolers Act Out Animal Sounds



Preschoolers learned how music can sound like animals

tudents at Sanibel Christian Preschool recently acted out the animals "sounds" they recognized when introduced to selections from Saint-Saens Carnival of the Animals. They learned how music can sound like animals and danced to the pieces, imitating the animals they heard. Each student took home a workbook with



Students with their workbooks and coloring pages

information about the pieces, and coloring pages.

The preschool is a ministry of the Sanibel Congregational United Church of Christ and accepts 2-, 3- and 4-year-old/VPK students of all race, religious, ethnic and economic backgrounds.

The preschool is now accepting applications for the August 2015 school year. For applications or information about scholarship assistance based on financial need, ca.ll

Sanibel Congregational United Church of Christ is at 2050 Periwinkle Way.







We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

The Old Croc!

by Bruce Miller

I cried for the crocodile that died on Sanibel.

These were real tears, salty as the sea

at Sanibel.

She was old and lived alone on Sanibel.

The alligators will shed crocodile tears

as it ended their fears of the crocodile that

died on Sanibel.

She was a wonder to behold, even though she was getting old, the Crocodile that died

on Sanibel.

She was the darling of "Ding" Darling and loved by all, the crocodile that died on Sanibel.

She had no mate, but I guess that was her fate,

The crocodile that died on Sanibel. I know what it's like as I ride my old bike to be all alone and chilled to the bone on Sanibel.

She will be missed, much more than me when I take my last ride on Sanibel.

Bruce H. Miller is a seasonal visitor who loves Sanibel. His other homes are in Ontario, Canada (Georgian Bay – Colpoys and in Guelph near Toronto).

From page 7

Center 4 Life

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.

To advertise in the Island Sun Call 395-1213

Human Trafficking Survivor To Speak At Sanibel Library

Tith the recent arrest of 15 human traffickers in Southwest Florida, interest in the current state of trafficking locally is on the rise. Two of the people most involved in the care of human trafficking victims and the education of community groups will present a program on human trafficking in Southwest Florida at the Sanibel Public Library on Thursday, May 7 from 2 to 4 p.m. along with a survivor of human trafficking.

ing.
Yaro Garcia, head clinician at ACT (Abuse, Treatment and Counseling Center) has treated victims of human trafficking since 2009 and worked closely with law enforcement over two years in the recent case. Nola Theiss, founder of Human Trafficking Awareness Partnerships (HTAP), has been educating and organizing professionals and citizens about this crime since 2004. Recently, she received a Makers 2015 award in recognition of her work. Together, they will give a current overview of human trafficking in Southwest Florida and what is being done to combat it.

The featured speaker of this event is a young woman who was trafficked into this country, forced into slavery and is on the road to recovery. She and Garcia will tell her story and answer questions.

This program is sponsored by the

Sanibel Public Library, The Zonta-Club of Sanibel-Captiva and HTAP. The library is located at 770 Dunlop Road on Sanibel. Admission is free and donations are welcome.

HTAP was founded on Sanibel in 2006 and currently maintains a local office and offices at the United Way building on Concourse Drive in the Iona area. For additional information or to schedule a training session, send an email to info@humantraffickingawareness.org or call 415-2635.

Duplicate Bridge

n Tuesday, April 21, there were four duplicate bridge tables in play at The Community House. The winners were:

1. Maureen Hnatow and Gail Leach

2. Sara Berendt and Mary Nelson

3. Gini Gersack and Ann Lindberg On Thursday, April 23, there were two tables in play. There was a tie for first and second place between the teams

of: Karen and Geoffrey Moss Alaine Jass and Will Smith

There are two ACBL sanctioned games per week, Tuesdays and Thursdays, 1 to 4 p.m., at The Community House, 2173 Periwinkle Way. The games run from the January 1 through April 28

For more information, contact Susan Willoughby at 281-3258.





Attorney Publishes Estate Planning Book

ttorney Craig R. Hersch has authored and published his second estate planning book entitled, Legal Matters When a Loved One Dies. His first book entitled, Common Cents Éstate Planning, was published the fall of 2014. Both books provide practical,



Craig R. Hersch

easy-to-understand information to help readers navigate complex and sometimes confusing wills, trusts, and estate planning

Hersch's new book will be a valuable resource for widows, widowers, sons, daughters and other family members as they prepare to work with attorneys, CPAs and financial advisors following a death.

The book provides a checklist of documents that

need to be gathered for upcoming meetings with advisors. He explains how the probate and trust administration processes differ, as well as the roles of personal representatives and trust administrators. Property and homestead rights are discussed, along with what usually happens to personal automobiles, investment and bank accounts, settling up with creditors, handling insurance and annuity accounts, accessing safe deposit boxes, dealing with personal effects, filing taxes and a wealth of other specific information based on Hersch's 26 years experience helping Florida families.

In addition to being a Florida Bar Board Certified wills, trusts and estates attorney, Hersch is also a Florida licensed CPA and a founding shareholder and board member of a private trust company, so he fully understands how the legal, tax and financial components need to come together for a smooth, successful settlement. Always an interesting, easy read, Hersch peels away the legal jargon to help individuals grasp Florida estate laws in practical, everyday terms, so they can work collaboratively with their professional advisors.

Hersch is a shareholder in the law firm of Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, P.A. in Fort Myers, where he practices law in the areas of estate planning, probate and trust administration, and asset protection strategies, serving an extensive client base of retirees, individuals, families and business owners throughout the state.

Hersch holds a JD from the University of Florida (1989), as well as a BS (1986) and MS (1987) in accounting from the University of Florida. He has a Preeminent AV rating at Martindale-Hubbell, the highest attainable by the national, independent attorney rating service. He has been named a Top 100 Lawyer by Worth Magazine and selected as a Super Lawyer by Thomson Reuters for six consecutive years in Law &

Politics magazine.
Founded in 1924 and celebrating 91 years in business in 2015, Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, P.A. is located at 9100 College Pointe Court in Fort Myers. For more information about the book or the firm, visit

www.sbshlaw.com/books.☆

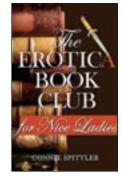
Read us online at IslandSunNews.com

Book Review

The Erotica **Book Club For** Nice Ladies

by Di Saggau

he Erotica Book Club for Nice Ladies is a book that all nice ladies will enjoy reading for their book club. Connie Spittler has penned a nontraditional mystery about a small town book club featuring a lonely librarian, a dagger-throwing



entrepreneur, a gypsy gardener and a forlorn beauty shop owner. The colorful characters of different age differences and backgrounds explore the genres of women's fiction, erotica and mystery written by such authors as Voltaire, Jane Austen, Emily Bronte and Emily Dickinson. I had the opportunity to read an advanced copy of the book because Spittler is a friend of mine. We were college roommates while attending Creighton University in Omaha, Nebraska and still stay in touch. I was honored to submit a blurb of praise for her book. It reads: "Spittler's writing and imagery paint vivid pictures of memorable characters and places while summoning up herbal magic and mystery. This wonderfully imaginative story is an homage to female friendships and to classic writers who penned subtle words of erotica for curious minds. I look forward to my next cup of tea and hope it is as lively as those in the book."

The Quirky Librarian's Anna Tittle said, "With its mysterious and titillating plot, the charming women in this book will leave readers wanting to start their own book club with good friends and tea. For readers left curious about the titles and passages mentioned during book club meetings, there's a helpful

and interesting addition at the end: a list of the books." This includes Pride and Prejudice, Candide, Mrs. Dalloway, Mill on the Floss and The Decameron.

Here's a brief summary. Lily, a librarian with a bookmobile, arrives in the small California town of Nolan to help start a book club. Across the ocean in an Alsatian chateau, an ancient Book of Cures is stolen and surreptitiously travels to a California coast library, then on to Nolan. Suspicion swirls around the three lonely club members. Unaware of the theft, they secretly pursue their curiosity about classical erotica, while sipping a strange tea infused with herbs grown in a gypsy garden. Mysterious events collide.

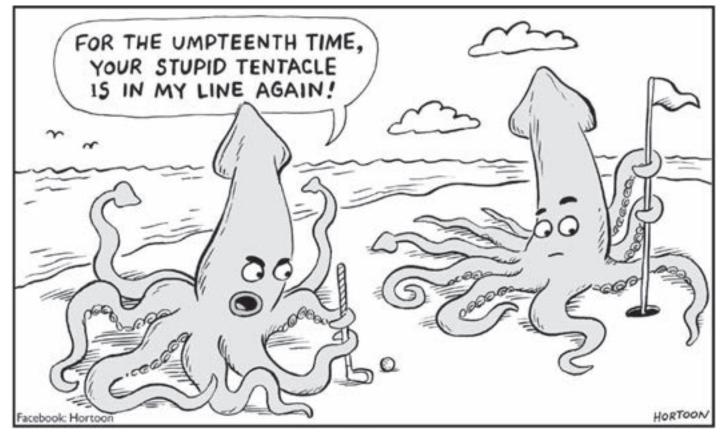
A crime wave and a murder shape up the town, as the women are entangled deeper and deeper into a baffling puzzle of danger and death. It's a quirky mystery of poison and poetry.

This richly woven tale begins with the Prologue, set in 1500 AD. It reads: "The wrinkled hands of Duchess Jardin trembled as she dipped her guill in the pot of blood-red ink. She scrolled each scarlet letter with care, spelling out herbal names that dripped with poison. Foxglove. Monkshood. Belladonna. Dangerous herbs used by Z, the gypsy healer, in his experimental treatments. Her goose feather pen marked down each remedy, listing the exact ingredients and instructions." Small wonder best-selling author Susan Wittig Albert, calls the book "An intriguing, herb-seasoned page-turner, with engaging characters and plenty of

plot strands to untangle."

The Erotica Book Club for Nice Ladies includes a Book Club Discussion Guide to help you talk about the main characters, locations, the healing powers of herbs, rare books and much more. The book is available May 1 through www.ipgbook.com or Amazon. Spittler is available for interviews, book clubs, talks and readings.☆

HORTOONS





SCCF Education Director Kristie Anders, left, moderated a lecture by longtime local wildlife advocate and author Charles LeBuff last Wednesday afternoon photos by Jeff Lysiak

SCCF Hosts LeBuff Lecture On Earth Day

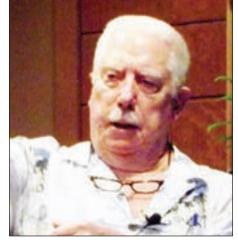
by Jeff Lysiak

In celebration of Earth Day 2015, the Sanibel-Captiva Conservation Foundation (SCCF) hosted a lecture conducted by local author and wildlife advocate Charles LeBuff, who shared details of his storied career encountering animals – both on land and in the water – fighting for environmental preservation and remembering the Sanibel of years gone by.

"I've been retired for 25 years, and I'm still getting a lot done," LeBuff told the standing room only crowd gathered inside SCCF's Nature Center last Wednesday afternoon. "But I don't miss much about anything."

much about anything."

Hosted by SCCF Education Director
Kristie Anders, the informal program



Charles LeBuff described one of his alligator encounters during his Earth Day presentation

drilled by people who were looking to establish wells on the property. However, not finding enough to suit the needs of those wetlands, the property was blasted



A capacity crowd came to SCCF's Nature Center on Earth Day to hear LeBuff's lecture

began with LeBuff talking about the island's history of setting aside land for preservation purposes, including his recollections of how the property which became known as the Bailey Tract evolved into the nature preserve status it has today.

According to LeBuff, former National Wildlife Refuge Manager Gerald Baker began planting waterfowl feeding plants – including rice – in the early 1950s. Between 1957 and 1958, that land was

with dynamite.

"Lee County excavated fill that they used for various projects from the Bailey Tract," LeBuff noted.

Asked by an audience member what he recalled of controlled burns on the island during his tenure, LeBuff remembered only two major wildfires on the island. "I think there were some controlled burns, but I don't think any of them were successful," he said, noting that contemporary prescribed burns on





Charles LeBuff's long tenure as an advocate for wildlife on the islands was documented in a pair of photo collages

Sanibel have been conducted only after being approved by city leaders in the mid-1970s.

On several red tide outbreaks experienced while he was a refuge manager, LeBuff stated that an event which occurred in 1971 was "the worst I've ever seen." He remembered seeing the remains of 35-pound snook and sea turtles in the gulf.

"In all these years, we really don't know that much more about red tide," said LeBuff, who added that he doesn't think water discharged into the Caloosahatchee should be blamed for local red tide outbreaks.

During the 75-minute lecture, LeBuff also shared stories about alligator encounters and the city's responsive relocation program, mosquito control and establishing a program for the protection of sea turtles, the latter of which was launched following a personal encounter with the legendary Jay Norwood "Ding" Darling in late 1959.

After witnessing a number of high school kids slaughtering sea turtles, LeBuff started his campaign to protect the species. On December 3, 1959, he recalled being approached by Darling.

"You must be the new man out here," Darling said to LeBuff.

"He came to tell me about an indigo snake he saw on the property where Sanibel Community Church is, and we got to talking about ducks and sea turtles," he added. "Then, Mr. Darling turned to me and said, 'If you're interested in sea turtles, then you've got to do something to help protect them."

Eight years after starting the first program aimed at protecting sea turtles on Sanibel and Captiva, LeBuff created Caretta Research, later establishing a sea turtle hatchery in Tarpon Bay. Although the program soon became limited to the region rather than a statewide effort due to size and funding, Caretta was supported by the newly-founded SCCF in 1971. The foundation assumed control of the sea turtle monitoring program in 1991.

"(LeBuff) did this because he loved to do it, not because it was part of his job," said Anders, who noted among several highlights that the author is the last remaining SCCF original board member. "That sort of gives you an idea of what you can accomplish in your career."

Following the lecture, LeBuff signed copies of his books – including Sanybel Light, Everglades Wildlife Barons and Amphibians & Reptiles of Sanibel & Captiva Islands, Florida: A Natural History, co-authored with Chris Lechowicz, director of SCCF's Wildlife Habitat Management program – while attendees had free refreshments and Earth Day cake in the Nature Center.

Send your editorial copy to: press@islandsunnews.com



From page 31

Island Fare

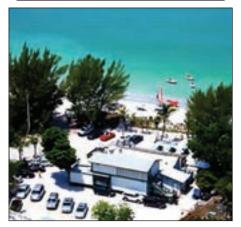
ZEBRA TREATS

This bold and bright cafe/store offers a variety of frozen yogurt flavors - try the caramel sea salt pretzel with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating

The store recently added frozen yogurt to go, by the pint and quart.

LIVE ON THE ISLANDS



The Mucky Duck on Captiva has live entertainment seven days a week

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Bad Banditos Friday and Saturday; Doc Carter on Sunday; and Taylor Stokes on Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

George & Wendy's Seafood Grille has live music
Friday and Saturday from 9 p.m. to midnight. Friday
is Hipnauticals, playing old school rock. Saturday is Buckeye Ken, playing island variety. Saturday is Ladies Night with half-price drinks for the ladies from 9 p.m. to midnight. On Sunday, it's Robby Hutto on guitar from 6 to 9 p.m. On Tuesday, it's open mic night from 8 to 11 p.m. Karaoke is Thursday from 9 p.m. to midnight.

The Jacaranda has live entertainment on Friday and Saturday with Wildfire Blues Band. Sunday is Jamaica Dave & Co., playing reggae and dance. On Monday, it's Renata, playing jazz, funk and contemporary; on Tuesday, it's The New Vinyls, playing classic rock and dance; Wednesday is Barbara Dexter, playing contemporary, top 40s and dance; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Éarle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Monday from 4 to 8:30 p.m. every Monday with \$5 margaritas and island style entertainment. Happy hour is daily from 5 to 7 p.m. with drink specials.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing jazz, Latin, pop and R&B. On Sunday, it's Dusk Duo, playing classic pop, R&B, country and jazz. Mike Arnone, "The Jersey Kid," performs selections from Motown to the Rat Pack on Monday. Multi-instrumentalist Woody Brubaker and vocalist Barbara Smith play dance hits on Tuesday and Wednesday. On Thursday, it's Broadway on the Beach with Joe McCormick and Marvilla Marzan.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Rookery Lake	Bonita Springs	2003	4,113	\$2,190,000	\$1,980,000	78
Not Applicable	Captiva	2001	2,980	\$1,799,000	\$1,580,000	115
Metes And Bounds	Sanibel	1982	3,577	\$1,595,000	\$1,500,000	216
Rookery Lake	Bonita Springs	2002	5,610	\$1,645,000	\$1,480,000	338
St. Charles Harbour	Fort Myers	2004	4,122	\$1,485,000	\$1,400,000	257
Orchid Ridge	Bonita Springs	2006	3,000	\$1,250,000	\$1,200,000	50
Idlewilde	Bonita Springs	2003	3,530	\$1,250,000	\$1,185,000	47
Goldcrest	Bonita Springs	1997	4,292	\$1,165,000	\$1,065,000	302
Creekside	Bonita Springs	1994	3,041	\$999,000	\$980,000	10
Castaway Estates	Sanibel	1979	1,565	\$889,000	\$865,000	2

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Captiva Crab Races: Apr. 30 & May 4 | Bad Banditos: May 1 & 2 | Doc Carter: May 3 | Taylor Stokes: May 5 & 6

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Trust Company Signs On As Premier Sponsor

he Sanibel Captiva Trust Company is the Premier Sponsor of the 2015 10K Race 4 FISH, the only foot race around the island that raises funds for the community non-profit organiza-

FISH of Sanibel-Captiva provides a wide variety of human services to an everincreasing number of individuals and families, who live, work or visit the islands of Sanibel and Captiva.

"FISH is all about neighbors helping

neighbors, a mission in which we believe helps strengthen the fabric of our community," said Sanibel Captiva Trust Company Founder and Co-chairman Al Hanser. "We are delighted each year to be the Premier Sponsor of this fun race."

'The investment we make in the 10K sponsorship pays dividends for thousands of people who benefit from the programs and services provided by FISH," said Dick Pyle,



From left: FISH Board Vice Chair and 10K Race Committee Co-chairman Ed Ridlehoover; Sanibel Captiva Trust Company Founder and Co-chairman Al Hanser; FISH Board Chair John Pryor; Frances Seger of Sanibel Captiva Trust Company; Sanibel Captiva Trust Company Executive Vice Presidents Robin Cook and Steve Greenstein; and Sanibel Captiva Trust Company President Dick Pyle

trust company president.

In 2014, FISH used 86 percent of its annual budget for client programming, which positively impacted 1,737 individuals ranging in age from youth to seniors. Its team of volunteers provided 6,598 hours of service and drove 28,700 miles on behalf of FISH

The staff and volunteers of FISH work hard to lend a helping hand to those in need, enabling them to live independently and with dignity in their day-to-day lives,"

The 7th annual 10K Race 4 FISH is set for Saturday, October 17 at The Community House, also serving as the start and finish line. This race brings hundreds of runners together for a worthy cause.

There are plenty of sponsorship slots available - Gold, Silver, Bronze or Friend. For a \$500 or more sponsorship, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed 10K materials. Friend sponsors will be included on all banners and 10K materi-

Anyone who is interested in becoming a race sponsor should contact Nancy or Pete Bender at benderlaw@juno.com or 472-5220. Deadline is September 15.

"We are grateful for the loyal support of Sanibel Captiva Trust Company," FISH 10K Committee Co-Chair Nancy Bender said. "It allows FISH to continue helping our neighbors of all ages when they need it most."

For more information, visit www.fishofsanibel.com.



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An adult opossum and its offspring being

of Wildlife (CROW). The sale begins Thursday, May 7 with an open house reception from 5:30 to 8 p.m. at the store located Periwinkle Place Shopping

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Rotary Happenings

submitted by Shirley Jewell

rtis Henderson, author of Unremarried Widow 2014, visited Sanibel-Captiva Rotary recently, not to talk about her book but to talk about her

experiences as a Rotary Foundation ambassadorial scholar studying in Dakar, Senegal, for the 2010-2011 academic

Rotary's Ambassadorial Scholarship Program is only open to non-Rotarians, was founded in 1947, and ended in 2013. Nearly 38,000 men and women from about 100 nations studied abroad under its auspices. The purpose of the ambassadorial scholarship program was to further international understanding and friendly relations among people of different countries and geographical areas, while enrolled in undergraduate or graduate studies in their selected host country. Rotary's ambassadorial scholars exemplify their home country as goodwill ambassadors participating in many activities outside of their studies to promote an understanding of the country they represent and learn more about their host country. This program has now been replaced with Rotary Foundation Global Grant Scholarships.

In 2010, Henderson was studying



Artis Henderson

for a career in journalism. The opportunity to receive a Rotary Ambassadorial Scholarship presented itself and she went ahead and selected to apply for a scholarship stipend to study at Université Cheikh Anta Diop in Dakar, Senegal. Why Senegal? Henderson told us she could have selected any country but Africa would challenge her and bring her experiences that might serve her in the future.

It didn't take long for the adventures to unfold. Her arrival in Dakar, Senegal brought home the point that this was definitely to be an exciting and sometimes scary place to be. Dakar is the capital city of Senegal in West Africa with a population of over one million people. As with all large populated cities, Dakar had great wealth and great poverty. This would become more evident as time went by.

Henderson found herself sick a lot on arrival and it took some time to acclimate to her new surroundings. Although she didn't elaborate about her studies at Université Cheikh Anta Diop, she definitely was part of the student community. And as part of that community, definitely heard the rumbles of worry about the unrest in the area after the protests in the nearby Arab nations. It was the time of the Arab Spring. Wikipedia states that, "The Arab Spring is widely believed to have been instigated by dissatisfaction with the rule of local governments, particularly by youth and unions, though some have speculated that wide gaps in income levels may have had a hand as well. Numerous factors have led to the protests, including issues such as dictatorship or absolute monarchy, human rights violations, political corruption, economic decline, unemployment, extreme poverty, and a number of demographic structural factors, such as a large percentage of educated but dissatisfied youth within the entire population.'

Similar problems existed in Africa. Soon there were protests in Senegal. Protests against the government corruption were now being exhibited with mounting tension highlighted by a protester setting himself on fire in front of the palace, followed again by a second and third person. This was a rough time to be an American in Senegal.

There was an uprising of the Muslim identity in this part of the world. This certainly gave Henderson a boarder worl view, especially when she was spit upon out on the street for being an American. She witnessed the reasoning for the protests and she saw major corruption within the country. She even mentioned the fact that many NGO entities in Dakar were spending donor funds foolishly and not using the money for the intended use. Many frustrations were just below the surface in Dakar and bubbling up every day.

Henderson did manage to continue her studies in Senegal during this time, fulfilled her Rotary commitments, and did some journalistic writing for American news outlets; no doubt this was done in a much different way than she expected. She found the people of Dakar to be generous and kind. Henderson's Rotary Ambassadorial Scholarship certainly opened her eyes to both the differences and commonalities among people of the world. A world view is sometimes different when experienced directly.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@



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Everblades Team Is Proof-Positive Of A Successful Minor League Franchise

by Ed Frank

7ith a thrilling 1-0 overtime victory Monday night over the Orlando Solar Bears at Germain Arena, the Florida Everblades advanced to round two of the Kelly Cup Championship by winning the best-of-seven series four

Florida will enjoy home ice to begin round two when they face the winner of the Reading-South Carolina series. That first game of the second round will be tonight, Friday, at 7:30 p.m. Game two on Saturday will be a 7 p.m. start.

Regardless of the final outcome in the chase for the Kelly Cup, we have to recognize that this team is a true model of a

successful minor league franchise.

When Craig Bush and his partners founded the team 17 years ago, many doubted that a minor league hockey team could survive in this area. How wrong they were! Just look at the facts:

The Everblades have missed the playoffs only once in these 17 seasons and have finished first in league attendance five times, and always in the top 10. In the 2014-15 regular season, Florida drew 187,397 fans, an average of 5,205 per home game. That was eighth best in the far-flung 28-team ECHL.

They have advanced to the Kelly Cup finals three times and won the championship

The stability of the franchise is credit to Bush and his staff - particularly to the lon-

Running a minor league team in any sport is difficult due to the constant shuffling of players. Often overlooked is the fact that the primary purpose of a minor league team is to develop players who can move onto the higher level.

More than 50 Everblades throughout the years have advanced to the National Hockey League.

The Gordon Watch

ADO

A few weeks ago, we wrote about Nick Gordon, the 19-year-old shortstop who was the Minnesota Twins' 2014 first-round draft choice (fifth overall selection), and who is the son of Tom "Flash" Gordon, a three-time Major League All Star. The youngster, with the blazing throwing arm, is off to good start this year batting .302 for the Class A Cedar Rapids Kernels. In the first 16 games, he has 17 hits and knocked in

15 runs. If he keeps up this pace, don't be surprised if we see him here with the Fort Myers Miracle by mid-season.

Even more exciting is the phenomenal season start of his older brother Dee Gordon, 27, the second baseman for the surging Miami Marlins. As the week began, he was batting .390, second highest in the National League and tops in the NL with

While the season is less than a month old, there is some concern over the poor start for the Twins' top two prospects, Byron Buxton and Miquel Sano.

Both started the season with Double A Chattanooga and many had predicted they would climb all the way to the Major Leagues this year.

However, as the week began, Buxton was hitting only .190 and Sano just .173 $\,$ through 15 games. In fairness, Sano missed all of last season due to an arm injury and Buxton was out much of the year due to injury. Hopefully, both will soon return to top form.

Poor Season Start for Miracle

It's been a rough start for the Fort Myers Miracle baseball team, the defending Florida State League champions.

The Miracle season record was 6-12 after the first three weeks and was in last place in the FSL South Division.

The local team returns home to Hammond Stadium this Sunday facing Charlotte at 4:05 p.m. Monday's opponent is Bradenton at 7:05 p.m.

SPORTS OUIZ

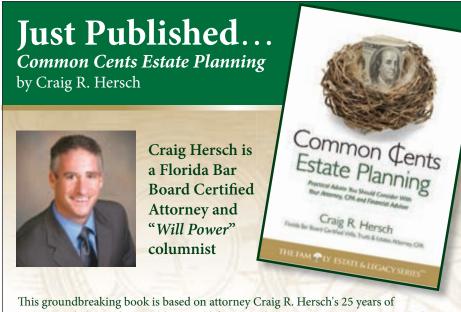
- 1. Who was the last player before Houston's Jose Altuve in 2014 to have multiple stolen bases in four straight
- Name two of the three major-leaguers who played in four decades between the 1930s and the 1960s
- 3. In 2013, Pitt tailback James Conner set a school bowl rushing record with 229 yards. Who had held the mark?
- Who was the last NBA center before Chicago's Joakim Noah in the 2013-14 campaign to lead his team in assists for a season?
- Name four of the six athletes who played for the Montreal Canadiens and were inducted into the Hockey Hall of Fame between 2000 and 2013.
- When was the last time before 2014 that Costa Rica's men's soccer team made it to the round of 16 at the World Cup?
- 7. How many title defenses of the WBA heavyweight title did Jimmy Ellis have after winning the belt in 1968?

ANSWERS

1990 in Italy. 7. Ellis had one defense -- defeating Floyd Patterson in 1968 -- before losing to Joe Frazier in 1970. Rod Langway (2002), Dick Duff (2006), Patrick Roy (2006), Doug Gilmour (2011) and Chris Chelios (2013). 6. It was in the Sugar Bowl in 1977. 4. San Antonio's David Robinson, in the 1993-94 season. 5. Denis Savard (2000 induction), 1. Cleveland's Ray Chapman, in 1917. 2. Mickey Vernon, Ted Williams and Early Wynn. 3. Tony Dorsett had 202 yards



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Sanibel Island Golf Club

Men Play An Unusual Event For Their Final Game Of The Season



first place winners Fred Zimmer and Jerry



Fred Zimmer with third place winner Roger

submitted by Jack Tukey

n Saturday, April 25, the Sanibel Island Golf Club men played a game from the red, white and gold tees. And just to make it even more interesting, each person could decide which tees they wanted to play from as long as they used six from the red, six from the white, and six from the gold tees. It was individual play and 80 percent handicaps were applied to determine final scores.

There was a tie for first place with Fred Zimmer and Jerry Mader each turning in scores of 62. There could not be a scorecard playoff because of the unusual format, so each was awarded a first place. Zimmer shot a 40 on the front and a 36 on the back nine and said he had only one bad hole. On the 8th hole, he chose to play from the red tees and drove the ball so long, it went into the water by the green. He took a drop and then hit the ball into the water again on the other side of the green. He also had a string of birdies on 10, 11 and 12. Mader had a very consistent round with no double bogies and several chips close to the hole for pars. He also felt he picked the right tees to hit from that suited his game.

Since the two firsts tied as individuals, the next place was third and that went to our

new president for the 2015-2016 season, Roger Cogswell, who scored a 63. He had no "blow-ups in spite of hitting from different tees." He had no penalty strokes and very consistent play. There was a three-way tie for fourth place with Phil Pilibosian, Mick Denham and Bob Cushman all with scores of 64.

This was the last Saturday game of the season for the men's league and all agreed it was a very good season with lots of special events: the Club Championship, the Ryder Cup, Masters type events, Match Play, the two-day Member/Guest Tournament, and a round with The Dunes. These were in addition to the regularly scheduled rounds on Tuesday and Saturday. The men and the club are already planning these and other events for next season. Special thanks to Drew Donnelly, Ed Lockard and Gene Taylor who were instrumental in making it such a fun season.



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ABWA Eastern Regional Conference And Awards Meeting

he American Business Women's Association (ABWA) 2015 Eastern Regional Conference was held in mid-April in Safety Harbor, Florida. It was an opportunity for members of ABWA to build knowledge, gain valuable leadership skills and test new ones, and forge friendships. The theme of the conference this year focused on Grow You... Grow Together! Seminar speakers included Sherry Darden, whose topic was Building Your League on a Solid Foundation of Fiscal Management – Next Steps, and Ellyn Spragins, who presented Letters To My Younger Self! At this year's conference, Past National ABWA President Tina Ackles was married. All ABWA businesswomen were invited to be her bridesmaids and 168 attended. The attendees participated in breaking the Guinness World Record for most bridesmaids/largest wedding party. It was logged and recorded with





Past National ABWA President Tina Ackles was married at the regional conference

numerous media and local dignitaries present. Sanibel-Captiva Charter Chapter President Mary Bondurant, Past Chapter President Gayle DeHaan-Garland, Secretary Debra Nashed and Hospitality Chairwomen Marletta Short all attended the conference. They have brought back critical skills that will take their careers to the next level and intend on sharing them through networking at future local business meetings. The next business meeting is May 12 at Sundial Beach Resort, 1451 Middle Gulf Drive, where the organization will recognize its members and business associates' accomplishments for this past year. The 2015 Woman of the Year award will be one of the highlights of the meeting.

Registration will begin at 5:30 p.m. The meeting and dinner will begin at 6 p.m. The meetings are held the second Tuesday of each month. Guests are welcome. If you are interested in attending, contact Carol Schapiro, membership chair at 850-9495 or email her at cshap00@yahoo.com. The cost for the dinner meeting is \$22, payable by check, cash or credit card.

American Legion Post 123

n Sunday, May 3, American Legion Post 123 will serve a meatloaf dinner from 1 to 8 p.m. The following Sunday, May 10, the legion will serve barbecued ribs and

The meeting with election of officers will be held on Wednesday, May 13.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day

on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular halfpound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-

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The Sanibel & Captiva Chamber of Commerce 2015-16 executive board following last week's annual chamber meeting and awards ceremony

photos by Jeff Lysiak

Chamber Lauds Award Winners At **Annual Meeting**

by Jeff Lysiak

he annual meeting of the Sanibel & Captiva Chamber of Commerce took place last Wednesday evening at 'Tween Waters Inn, highlighted by the organization's State of the Chamber address, the announcement of the board of directors' 2015-16 chair and the presentation of awards.

During the 70-minute gathering, the outgoing board chair, Fran Peters, spoke positively on the accomplishments made during her tenure, which she noted was a "record-breaking year."

"Holding 23 ribbon cuttings was a very good year, and every chamber luncheon - or most of them, anyway - were



Volunteer of the Year Award recipients Susan and Art Cassell

sold-out," said Peters. "We get out of the chamber what we put into the chamber.'

President Ric Base offered his State of the Chamber address, which was punctuated by thanking the visitor center staff and volunteers for their service to the community. The visitor center team, which handled approximately



Craig Albert, center, receives the Business Person of the Year Award from Fran Peters, outgoing chamber chair, and Ric Base, chamber president

12,000 phone calls and greeted more than 167,000 guests during the past 12 months, helped the facility attain the number four ranking by TripAdvisor for island attractions.

Additional highlights of his address included a total income of \$826,325 and total expenses of \$776,362, leaving a reserve of \$49,963 for the fiscal

year ending December 31, 2014. Base also noted more than one million referrals via the chamber's website and over 3.9 million impressions on the chamber's Facebook page since September 2014.

In addition, Base informed chamber members that the islands are going to be featured in a special segment of NBC's Today Show on Thursday, May 7.



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Citizen of the Year Award-winner Doug Congress, center, with Mark Anderson and Ric photo by Hillgate Communications



Mark Anderson presents Frank Albano and Bob Grissinger of Bennett's Fresh Roast with the New Business of the Year Award

Peters then passed the gavel to incoming board chair Mark Anderson, founder and president of Benchmark General Contractors, Inc. The company has been in business for more than 30 years, has completed over 1,000 commercial and

residential projects - including a 14-unit below market rate housing project for Community Housing & Resources on Sanibel and the Ronald McDonald House at HealthPark in Fort Myers - while Anderson has been actively involved in



Fran Peters and Ric Base share a laugh

numerous local charities and philanthropic organizations during his professional

This is a remarkable collection of people and I look forward to working with them over the next 12 months, Anderson said in accepting his new role, and told chamber members that "busy will be the buzzword" for the year ahead.

Anderson and Peters shared award presentation duties, including:

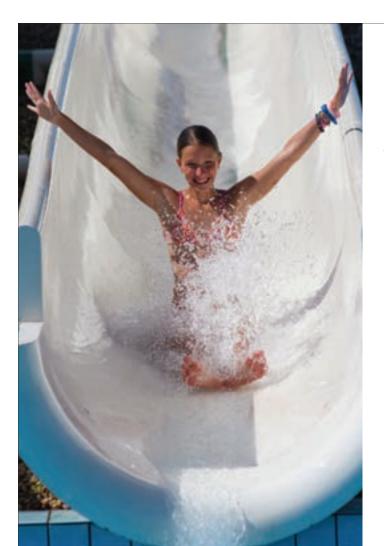
- The Sue Rosica Gray Volunteer of the Year Award was presented to Art and Susan Cassell
- The New Business of the Year Award was presented to Frank Albano and Bob Grissinger of Bennett's Fresh

- The Business Person of the Year Award was presented to Craig Albert of Sanibel Captiva Community Bank
- The Citizen of the Year Award was presented to former Vice Mayor Doug Congress

"We are blessed to have a Congress that gets things done," joked Anderson.

Also during the meeting, which was attended by more than 150 chamber members, Mary Bondurant of the Bondurant Realty Group and John Lai, general manager for The Inns of Sanibel, were named new chamber board mem-

Following the meeting, a reception was held at the Old Captiva House.



This isn't the only slide of summer.

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Current Outlook



by Richard E. Pyle,

Ts this déjà vu all over again? As spring arrives we seem to be experiencing another economic growth swoon similar to a year ago. Not only have weather and the depressed

energy patch created a softer outlook for Gross Domestic Product (GDP), but the rapid rise in the value of the dollar versus other world currencies has put pressure on sales and profit growth of all multi-national and export-related companies. After two quarters of 5 percent annualized GDP growth in the middle of 2014, the first quarter of 2015 likely experienced growth closer to 1 percent,

Despite the expectation that consumers would use their savings at the gas pump to buy discretionary items, the reality, so far as we have seen, is that savings rates have increased. Initial expectations for 5 to 10 percent profit growth in 2015 have become much more tenuous as currency translation losses hit corporate America's bottom

Defying the incessant drumbeat from prognosticators that interest rates are

bound to go up in the next year, the Federal Reserve Board continues to confound the consensus and has avoided a rate hike for a ninth year.

Other "data dependent" central bankers around the world continue to expand money supply, "pushing on a string" hoping for better economic growth. So-called quantitative easing has ended in the United States but is continuing in Japan and just beginning in the Euro-Zone, China, and India. As long as capital is free to move about the globe without the fear of old-time capital controls, it is hard to see how interest rates will do anything but stay histori-

We continue to expect the equity market to show encouraging, though sometimes volatile results over the coming months. This is despite the occasionally unnerving headlines, including Greece, Russia and Ukraine (and also ISIS, Syria, Iraq, and oil prices). Both the Euro-zone debt crisis and fears of a Chinese economic hard landing have receded, but growth there remains slow.

Many of the domestic fiscal and monetary issues that were vexing markets two years ago have been constructively resolved. These include the federal budget debates as well as initial actions of Federal Reserve Chair Janet Yellen. We also note the recent Congressional elections, but at present do not think much has changed regarding the makeup of our political scene. Perhaps we can look forward to some compromises on issues, but we foresee nothing that

materially changes the political outlook we had prior to the casting of ballots.

We still expect that we could be pleasantly surprised by the improvement in equity prices in 2015 given their relatively low valuations compared to fixedincome alternatives. As always, we are being careful but not fearful. Despite the first quarter soft spot, we remain comfortable with our 2015-16 outlook for moderate economic and profit growth as well as for relatively low inflation and interest rates - both here and abroad. Generally, that's a prescription for stable-to-rising demand for equities.

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Superior Interiors

Decorating Solutions For **Small Spaces**



by Barb Cacchione

conomi-**◄** cally ⊿scaĺeď" - or smaller homes – can present big decorating opportunities. Bungalows, ranch-style homes, townhouses and condominiums offer the decorat-

ing challenge of using available space efficiently and beautifully. Just be sure you don't short change your decorating tastes because your spaces may be a bit

First of all, consider selecting furniture that is scaled to your room size. Smaller scaled furniture can make a small room seem a great deal larger. In a living room, for example, you may want to choose the cozy look of coordinating love seats instead of a larger sofa and chair combination. Sofas with open legs take up less visual space - but be careful not to have a room that's "all legs." Balance your open legged pieces

with solid ones, perhaps a small skirted, or an enclosed wood table. Staying away from coffee tables and opting for a glass topped tables are good options to consider because the eye continues to travel through a glass surface, giving your room a more spacious feeling.

Since pale, softer colors tend to recede, the lighter the wall and floor colors, the larger a room will seem. However, if your room features a lot of natural light, you could actually be a bit more adventuresome with your color choices - and add a little more drama to your walls. Traditionally, it's common in smaller rooms to paint ceilings lighter shades than the walls. This actually helps to give the impression of visually taller walls or a higher ceiling. Patterned carpets or light background wall coverings will also help give a smaller room a feeling of depth and visual interest.

Adding a framed mirror can visually double the room size. But please be sure to note what the mirrors will reflect. If it's an eyesore, you'll double that too.

One of the many benefits of smaller rooms is that you will always feel cozy and comfortable. So take a few of these ideas into consideration when you create the inviting, warm and expansive look you want in your own small space.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.

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Construction Background Needed For Emergency Preparedness Team

The City of Sanibel is seeking qualified structural safety inspectors to serve on structural safety teams for the city's Damage Assessment Process in the event of a disaster or hurricane incident. The purpose of the structural safety team is to initially assess the overall property damage to the assigned area of responsibility on the island, followed by a complete written external damage report for each single or multi-family structure within the assigned area as to its condition for occupancy

Knowledge of building construction is essential. Applicants should be in excellent physical condition as actual work will require extensive walking under potentially arduous conditions in a hot and humid climate. You must be able to respond immediately upon call and write reports of damage assessed.

Selected personnel will be required to complete approximately six hours of field training to include first aid and CPR. A physical examination, drug test, and background check are also required and paid at the city's expense.

Initial successful applicants will be paid \$25 per hour for eight hours for their training time and time to complete the physical examination and drug test. Upon activation in the event of a disaster, the rate of pay will be \$50 per hour.

To apply for the position, access the city's website, http://agency.governmentjobs.com/sanibel/default.cfm and complete the online application. For more information, call Harold Law, director/chief building official, at 472-4555.

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Will Power

Johnny As Sally's Trustee



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

hould you ever make one of your adult children a gate-keeper to another adult child's inheritance? My short answer is an emphatic "No!"

I've had similar conversations on this topic with a variety of clients over the past few weeks and thought that I'd share my thoughts here as well. Usually the discussion centers on the skill set and responsibility of one adult child, comparing that to another child who has spendthrift tendencies.

Mom and Dad, who have worked very hard to earn and then save substantial sums, don't want to leave assets to a child

who will only "fritter it away." So they instruct the estate planning attorney to hold the spendthrift child's assets in a continuing trust, naming the responsible child as the trustee.

This is a bad idea on many levels. First, when the spendthrift child finds out that he must ask his brother (or sister) for access and distributions to his inheritance, it will only be natural for that child to feel resentment. This can foster an acrimonious relationship between the siblings that will last for the rest of their lives, even if one day the responsible child decides to resign as the trustee.

Second, Mom and Dad are putting the responsible child in "the line of fire" with regard to the duties and liabilities of a trustee. The trustee must invest the trust funds under a "prudent investor" standard. That standard is subjective and could result in the beneficiary spendthrift child suing his trustee/sibling if the market tumbles causing the portfolio to fall in value. Further, the trustee must provide an annual accounting to all of the qualified beneficiaries of the trust share, which might not only include the sibling/beneficiary but could also include the descendants of that sibling, which would be the nieces and nephews of the trustee. All of these people could question the choices and decisions made.

Third, the trustee will also be responsible for making tax-related decisions as well as filing the trust tax returns. If income is accumulated rather than distributed, for example, the trust will likely pay a higher marginal income tax rate than the beneficiary would have. There may be very good reasons to accumulate the income rather than distribute it, but these are all weighty decisions that have a real economic effect on all of the beneficiaries.

Fourth, the child who is acting as trustee will likely have his or her own career and



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family responsibilities to attend to, and now Mom and Dad are essentially adding to those responsibilities. The child/trustee should take a fee for his or her time, but would likely feel pressure not to. If he or she does take a trustee's fee, the beneficiary/child will likely feel all the more resentful.

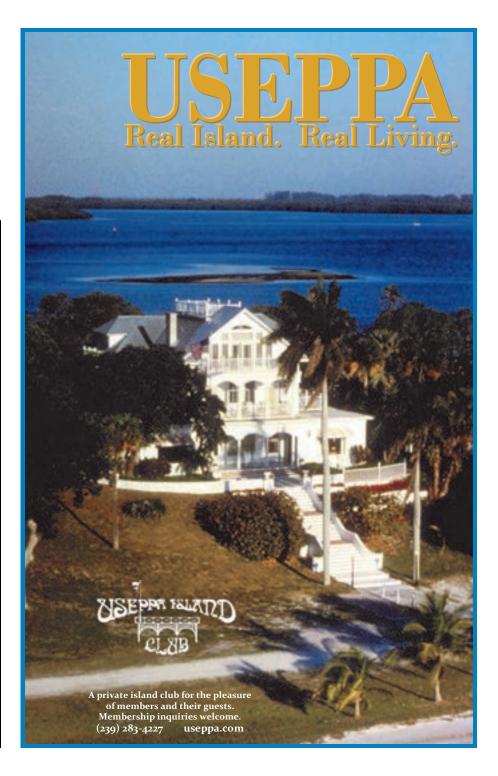
A preferable solution to the above dilemma is to name a bank or trust company as a trustee. Professional money management would be in the best interests of the beneficiaries, which will likely have to occur anyway. In other words, the child/trustee will likely want to hire a money manager in any event to avoid not complying with the prudent investor standard mentioned above.

Many of my clients initially object to a professional trustee for these situations citing the cost. I have a simple question in response, "Isn't family harmony worth something less than 1 percent of the value of the trust on an annual basis?" That's about what a professional trustee will charge. They will likely earn their fee several times over in dealing with the beneficiary's distribution demands, managing the investments for a reasonable and safe rate of return, filing tax returns and dealing with any changes to the tax or trust laws as they arise.

Besides, even those managing their own investments incur money management fees. Some of the most popular mutual funds charge more than 1 percent in management fees. Those fees just aren't that evident as they aren't shown as an annual deduction on the brokerage statements. But they're being charged nonetheless.

So if you have legal documents that put one of your children in a position of authority and responsibility over another of your children, please think through these issues carefully.

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Ms. Mandy, Ms. Cindy (Children's Education Center of the Islands director), Susan Ryckman, Fred Ryckman, Doug Ryckman, Kris Ryckman, Ms. Kerra, Ms. Mary, Ms. Joy and the group of young gardeners in front of the "Thank You" banner

From page 29

Memorial Garden Ribbon Cutting

1975 when the school was located at Bailey Tract in the old Bailey Store. She oversaw the move of the preschool to its current location on Casa Ybel Road and was the director until 1983.

The Ryckman Memorial Garden was made possible by memorial gifts to the preschool when she passed away in July 2013. Ryckman's sons, Doug and Fred, and their spouses, Kris and Susan, respectively, were in attendance.

They enjoyed seeing the children's enthusiasm and passion about the garden and each received a gift of a painted coconut from the children.

The garden has been tended and planted by the children with the plants all chosen by the children. It has become a focal point for their lessons which encompasses science, nature, math, art, as well as reading. They have even experienced lessons of a plant dying as a science lesson learned about seasons and planting times.



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The students anxiously wait for all of the butterflies to fly out of the hatching container. They watched and studied the life cycle of the butterflies

ISLAND SUN BUSINESS NEWSMAKERS

Top In Marketing

huck Bergstrom was the top marketing associate at REMAX of the Islands in March.☆



Chuck Bergstrom

Top Producer

imberley Andrews was honored as the top selling associate in March at RE/MAX of the Islands. She joined RE/MAX of the Islands as a realtor in 2000 and has been either the top selling or top marketing associate Kimberly Andrews multiple times since then.₩



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Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I was shocked by the voice on the other end of my phone. My cousin, who had loved and cared for his wife for 10 years prior to her death from Alzheimer's disease, apparently was calling to recon-

Five years ago, three years after her death, I suggested it was time for him to get on with his life and maybe start socializing with mixed groups and especially women. He was furious that I would even suggest such a thing. I called once but realized that he was still annoyed, so

I did not call again and he didn't call me.

This year he called - very friendly and concerned about what I was doing, then he told me that he had a girlfriend. I was thrilled for him and told him so, then he said, "And then I have your permission?"

"Oh yes," I said. "I am thrilled for you." I guess after all these years he is now ready. What do you think? Virginia

Dear Virginia,

Many older people feel that to have happiness after the death of their spouse is a betrayal of the love of their deceased spouse. Increased longevity has extended our lives and society no longer expects us to stay forever in mourning.

I think you have been very caring for your cousin and now he appears to be able to reach out and hopefully find some happiness.

Dear Virginia,

I am sure that you had the best of intentions; you know the old adage about good intentions. People grieve on their own time schedule and in their own way. After the loss of a relationship through death or divorce finding another relationship is not the only solution nor the most

Support your cousin as best you can. Whatever you do, do not ever revisit your discussion a few years ago as if to say, "I told you so."

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\\$

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am really struggling with my self-esteem. It stems back from childhood. Can you give some suggestions on how to improve it?

A: Many factors can result in feelings of low self-esteem

from suffering with depression, anxiety, mood disorders, a connection to stress and other conditions. We are born whole, and the whole is always greater than the sum of the parts. Our wholeness is based on the following levels; mind, body, spirit and emotions. When we are physically, emotionally, mentally and spiritually healthy, we are whole and our self-esteem is good. When we experience an imbalance in any of these areas our self-esteem tends to be lower and our lives compromised with challenges that lead to increased stress and feelings of inadequacy.

So much of how we feel about ourselves stems from what programming we had when we were young. We may have received messages that we are not good enough, smart enough, etc. and we internalized those messages and learned not to

So how do we begin to build our self-

The following suggestions can get you on the path to feeling better each day and truly liking yourself:

1. Choose one goal a day with specific action steps to help you achieve your goal. It may be choosing to read, exercise, go out in nature, sit in silence and focus on your breath (present moment awareness), volunteer or talk with a friend or support

2. Give and receive compliments. It feels good to spread kind words to others and when you receive a compliment, really receive it as truth instead of dismissing that the person really didn't mean it.

3. Write your own positive affirmations. While it may feel uneasy initially, once you read the affirmations and internalize them, you will begin to feel good and worthy of whatever you desire and you will start to manifest what you want in your life.

4. Choose positive self-talk. It's way too easy to be down on ourselves and get into a negative self-talk mode. This only perpetuates low self-esteem. We become our thoughts and what we focus on expands. So why not expand positivity? It is contagious and positive thoughts will deplete any negativity.

Feeling good about who you are and having that healthy amount of self-esteem will help you with living a happy and more successful life. It's a process and well worth it when you can awaken each day with gratitude and self-love.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached

Eden Energy Medicine

Readers Request: A Recap Of **Energy Medicine**



by Karen L. Sémmelman, Certified EEM, JD, AAML (03-12)

ver the last month, there have been a number of requests to provide some basics, so here they are: What is Energy Medicine (EEM)?

EEM is the process of balancing our body's nine energy systems for health and healing by working with our energy as a vital living force that forms the foun-dation of well-being. By activating and restoring natural healing energies within these nine systems that may be weak, blocked, disturbed or out of balance, the body heals. You become the healer and the movement of energy is the medicine. This process combines ancient practices with contemporary scientific understanding, enabling application to physical or emotional issues, thus promoting joyful living and wellness.

Information in these columns is based on Donna Eden's first book, Energy Medicine, now available in 20 languages.

continued on page 55



GOOD NEWS. THE DOCTOR WILL SEE YOU SOON.

Good news, Sanibel and Captiva — despite construction delays, Dunavant Medical Group is making great progress and anticipates opening around mid-May, 2015.

Even better, Scott Dunavant, M.D. is now able to accept patients. Contact your current provider and request that your medical records (every member of your family) be forwarded to Dunavant Medical Group at the address below.

Just as exciting, Dunavant Medical Group has been approved by more than 25 insurance providers, including Medicare, and anticipates accepting virtually all insurers.

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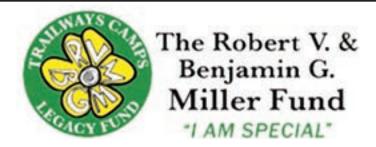
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2nd Annual "I AM SPECIAL" Trailways Camper Reunion & Birthday Party Celebration-April 25, 2015

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- Sanibel-Captiva Lions Club Chet & Nancy Niesel George Waters Craig Wolf/Premier Sotheby's

Deep Appreciation to Benjamin Miller, Honorary Chair, Special Guests, Sanibel Community Church, the many Dedicated Volunteers, Linda Estep-Planning Committee Chair, Sanibel-Captiva Community Bank, Jesi Cason, Trailways Camp Coordinator, and the Robert V. & Benjamin G. Miller Fund Advisors.

Founder's Awards October 2012-April 2014









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School Smart



by Shelley M. Greggs, NCSP

Shelley, I am alwavs confused when we get to the special factors part at my child's IEP meeting. We go through it so quickly that I think I might

be missing something. Please explain these factors to me.

Heather W. Fort Myers, Florida

Heather,

The law requires that any IEP team must consider special factors when developing, reviewing or revising a student's IÉP. There are five special factors the IEP teams must consider when developing a child's IEP. I have listed them below with a brief explanation of each one.

The team must consider a child's (1) behavior problems when developing the IEP. If a child's behavior impedes his learning or the learning of others, the IEP team must develop a plan including positive behavioral interventions, supports and other strategies to address that behavior. Those services should be added to the IEP.

If a child has (2) limited English proficiency, the team must consider the child's language needs and provide services to meet these needs. Children must be pro-

quote.

ficient in English before they can become proficient in other subjects. If the child does not read, write or speak English well, the IEP team needs to ensure that your child's language needs are met.

The IEP team makes decisions about how your child's limited English affects his need for special education and related services. The team must make decisions about whether:

- the child will receive instruction in English and/or in his native language so he can participate in the general curricu-
- the child's special education and related services will be provided in his native language.

• the child needs tutoring in English as a service in his IEP.

If a child is (3) blind or visually impaired, the team must decide about teaching the child to use Braille. A visual impairment is defined as "impairment in vision that, even with correction, adversely affects a child's educational performance." The term includes partial sight and blindness.

The visual abilities of children with visual impairments differ. Some children have no functional vision and may learn through the tactual sense, including Braille. The IEP team must decide if your child needs to learn Braille.

If a child is (4) deaf or hearing impaired or has communication problems, the IEP team must meet the child's communication and language needs.

For a child who has a hearing impairment, the IEP team must consider your

Have an insurance question?

child's:

- Academic level
- Language and communication needs, including direct instruction in his communication mode
- Opportunities to communicate with classmates and teachers
- Needs for assistive technology devices and services

The IEP team is required to consider a child's communication needs. Communication plays a key role in interpersonal relationships. A child who has communication problems usually has social and behavior problems that interfere with learning.

The school is responsible for considering whether a child needs (5) assistive technology devices and services. The IEP team makes decisions about assistive technology devices and services based on your child's unique needs so that he can be more confident and independent. The law requires schools to use assistive technology devices and services "to maximize accessibility for children with disabilities.' (20 U.S.C. 1400(c)(5)(H))

If the IEP team determines that your child needs assistive technology devices and services, the school district is responsible for providing these and cannot use lack of availability or cost as an excuse.

For further information, visit http:// www.wrightslaw.com/info/iep.specfact. popup.htm or Florida Department of Education website.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☆

Doctor and Dietitian

Living Longer And What Centenarians Don't Do





by Ross Hauser, MD and Marion Hauser, MS, RD

lue Zones are geographic regions where the inhabitants reach age 100 at rates 10 times those of the United States. There are five Blue Zones - Loma Linda, California; Sardinia, Italy; Okinawa, Japan; Ikaria, Greece and Nicoya, Costa Rica. The book by Dan Buettner is a great read for those who want to promote their own health and longevity for themselves and the community.

For example, a Costa Rican man at age 60 is twice as likely as an American man to live to age 90. That's not because of healthcare. Costa Ricans spend 15 percent of what Americans spend on

healthcare. It's the time and energy spent on lifestyle.

Besides not spending their money on healthcare, what else don't centenarians do? They don't drive or go to exercise clubs. They walk or bike everywhere, visiting friends, going to the market. They don't consume cow's milk, but rather milk and cheese from goats and sheep. They don't take supplements, because they're out in the sun most of the day and they eat organic food and drink organic herbal drinks. Electricity is barely used, so they don't watch TV. They don't worry about savings or live in residential care facilities, because parents live with their children surrounded by friends and family that love them, as the culture gives high esteem and respect to the elderly.

You see, when your village is isolated with little outside influence, you don't rely on TV, computers or other electronic forms of entertainment. So when the sun goes down, you go to bed, and when the sun comes up you get up and work on the land. Your life is simple, without distractions from what's really importantfamily, friends and faith. You devote your whole life to them. You build strong relationships, faith and physical bodies that allow you to live productive active lives for 100+ years.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.\\\\$

Read us online at IslandSunNews.com

Mom's Night Out

free Mom's Night Out movie is coming to Sanibel Community Church on Mother's Day, Sunday, May 10 beginning at 5 p.m. It's a great night for laughter, fellowship and indulging in a chocolate dessert. Invite a friend. The evening is free, but the church will be collecting donations of any size diapers to give to Lifeline Family Center in Cape Coral to help moms of infants and toddlers.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit www.sanibelchurch.com.



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deaRPharmacist

Green Apples And Your Brain



by Suzy Cohen, RPh

ear Reader: When I was chopping up green apples to put into my chicken salad I wondered two things:

1) Does anyone else realize that apples are brain food?

2) Do all of you see your food as "medicine" or am I just slightly neurotic?

When I eat avocados all I can think of is glutathione!

Tomatoes, lycopene. Almonds, aspirin.

Ok, I think it's just me, let's move on. Green apples are rich in a bioflavonoid called quercetin which is a natural antihistamine and anti-inflammatory.

A study published in the journal Neurochemical Research in 2014 evaluated mitochondrial health in the brain as well as mechanisms that might prevent plagues from developing which are associated with Alzheimer's disease.

We know that in Alzheimer's patients, beta amyloid plaques in the brain cause mitochondrial stress and affect functioning of your ATP generators. The amyloid plaques gum up ATP machinery as if you were putting Elmer's in your gas tank! Long story short, memory is dampened, learning is stunted and you develop poor concentration, reduced comprehension and brain fog.

Your mitochondria or "mito" are tiny organelles inside your cells that produce energy molecules for you that we term ATP. The body gets fat and sugar from meals but then it needs to be broken down into teeny weeny parts so you have energy or ATP to function in your life.

This reaction is dependent on an enzyme called AMPK and this AMPK is the gas pedal in terms of how fast you turn that cheesecake into energy.

In the study, a group of animals received natural quercetin each day while others were given a dose of the famous Alzheimer's medication called Aricept. The animals treated with the most quercetin had the most positive benefits. These mice had fewer problems learning tasks and they had a better memory. There was significant reduction in the amyloid plaque build-up too! Finally, their mitochondrial function was evaluated and it had improved. There was improved health and function of the mitochondria deep inside the hippocampus which is the memory center in the brain.

The study showed that AMPK enzyme activity was markedly increased in the mice given quercetin (not Aricept) which is really good. When the AMPK activity was increased with quercetin treatment, it slowed plaque build-up and even better, those poor little mito didn't suffer as much. There was less mitochondrial dysfunction. Scientists know that when this master switch of AMPK is flipped, your mitochondria respond. Additionally, microglial cell activity improves, inflammation goes down, and blood sugar balance improves.

So even though it was just rodents, I feel like my chicken salad with green apples gives me an advantage in my quest for better brain health. Quercetin is a wonderful antioxidant sold at health food stores as a dietary supplement. You don't need a prescription. It naturally occurs in apples, red onions, black and green tea, raspberries, cranberries, citrus and green leafy veggies. There's a longer version of this article on my website in case you're really interested.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

From page 52

Energy Medicine Recap

It is recognized as a book of the year by U.S. Book News, in the self-help category. Donna comments on energy medicine, "We are required today to live in a conscious partnership with our body's energy systems if we are to thrive. And it is easier than you might imagine to learn how to mobilize inner forces that enhance your health, empower your mind, and brighten your spirit.

Our subtle energy systems have defined pathways, just like our nervous system or our circulation system. The experiences of pain, fatigue, congestion, headaches, arthritis, insomnia or imbalance reflects stale energy. By learning to move energy, space is created and relief from symptoms begins. Energy crosses over in our bodies in figure-8 patterns (just like your DNA, a double helix); it requires space to move; it is dynamic

and ever changing; it is electromagnetic (the magnetic pull of the earth keeps us grounded on earth); each cell has its own north south polarity (if polarity becomes irregular one will likely experience discomfort, pain or illness); and energy wants the body to heal and be in optimum balance (it is self-regulating). If given the correct road map, healing and vitality begins to be restored.

The foundation of EEM is a set of exercises that activates the nine systems called the 5 Minute Routine, which assists the body in achieving a state of wellness that is in balance with our energetic sys-

tems.

Have fun with your energy! Next week's topic is Rub Neurolymphatics To Remove Toxins From Body.

If you have a question, email Karen Semmelman at SemmEnergyCenter@ gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

From page 1

Caloosahatchee

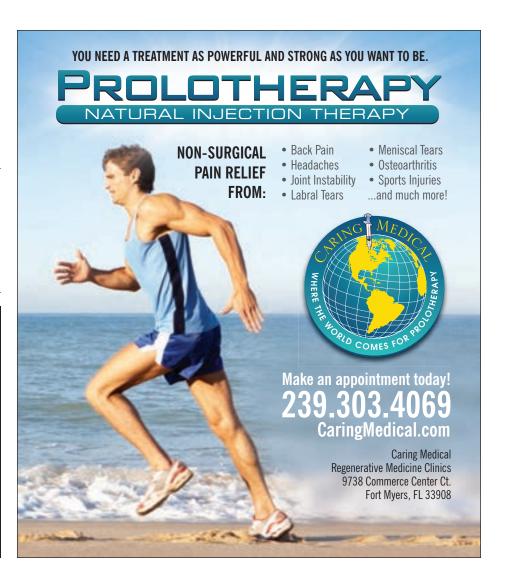
boat that goes out for daily manatee tours. All seats have a great view for photographs and bird watching.

WP Franklin Lock and Dam is off SR 80 in Olga. This is the last cruise of the season. Cruises will resume next Fall. Private group cruises can be scheduled by appoint-

Advance reservations are required and payment is due at time of reservation. Cruises return by 3:30 p.m. Tickets are \$45 per person. Reservations must be made by noon Friday, May 8. Call SCCF at 472-2329. Space is limited.



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My Stars ★★★★

FOR WEEK OF MAY 4, 2015

ARIES (March 21 to April 19) The Lamb is usually excited about taking on a new challenge. But if that's a touch of doubt you're feeling, maybe it's you telling yourself to go slow on this until you learn more about it.

TAURUS (April 20 to May 20) Accepting new commitments when you haven't yet finished the batch on hand could be a bit rash. Better to ease up on the new ones until you get further along with your current lot.

GEMINI (May 21 to June 20) Reward yourself for what's sure to be a dynamic week with a getaway to someplace wonderful, hopefully with a wonderful someone. You'll return refreshed and ready for what's ahead.

CANCER (June 21 to July 22) Some people might be anxious about your plans. So you need to take time to explain what you expect to do and how you expect do it. And don't forget to ask for suggestions.

LEO (July 23 to August 22) Dealing with an unfamiliar problem can be difficult. The wisest course you can take is to ask for advice from those who have been where you are and have come through it. Good luck.

VIRGO (August 23 to September 22) Tackle a frustrating job problem by considering possibilities you might have ignored before. This reassures colleagues you're serious about finding a solution, even if it's not totally yours.

LIBRA (September 23 to October 22) Your balanced approach to life proves to be helpful this week when someone you care for needs your spiritual comfort, while someone else benefits from your tough-love practicality.

SCORPIO (October 23 to November 21) Once again, you're likely to be asked to keep a secret for someone. But do you really want to do so? Be honest with yourself and with your needs before you make any such commitment.

SAGITTARIUS (November 22 to December 21) Taking a more direct approach from the more diplomatic one you've used before could make a difference in finally resolving a too-long-held disagreement. Try it.

CAPRICORN (December 22 to January 19) Being asked for advice is flattering to the Sea Goat, who has a habit of saying the right thing. This time, expect someone to be especially impressed and to act on that sentiment.

AQUARIUS (January 20 to February 18) With a number of pressures easing, your project could be making a lot more progress than you expected by this time. That's great news. But don't let yourself be distracted; stay with it

PISCES (February 19 to March 20) An interesting challenge looms that could be exactly what you've been looking for. Discuss this with colleagues who could have much to contribute and who might want to join with

BORN THIS WEEK: Your heart is always open to offer loving concern for others. And they, in turn, reach out to complete the circle.

THIS WEEK IN HISTORY

- On May 5, 1877, nearly a year after the Battle of the Little Big Horn, Sitting Bull and a band of followers cross into Canada hoping to find safe haven from the U.S. Army. By early 1881, Sitting Bull was the chief of only a small band of mostly older and sick people, and he finally agreed to move 187 Indians to the United States, where they were assigned to the Standing Rock reservation in South Dakota
- On May 10, 1909, "Mother" Maybelle Carter is born near Nickelsville, Virginia. From the late 1920s all the way through the

1950s, she was a familiar presence on radio and a powerful influence on the course of country music. She helped make the Carters the "First Family of Country Music" and introduced songs like "Wildwood Flower" and "Can the Circle Be Unbroken."

- On May 6, 1937, the airship Hindenburg, the largest dirigible ever built, bursts into flames upon touching its mooring mast in New Jersey, killing 36 passengers and crewmembers aboard the hydrogen-filled blimp. The "zeppelin" flew at a speed of 6 mph, propelled by a three-horsepower steam engine.
- On May 9, 1950, L. Ron Hubbard publishes "Dianetics: The Modern Science of Mental Health." With this book, Hubbard introduced a branch of self-help psychology called Dianetics, which morphed into a belief system now known as Scientology.
- On May 8, 1972, President Richard Nixon announces that he has ordered the mining of major North Vietnamese ports to prevent the flow of arms and material to the communist forces that had invaded South Vietnam in March.
- On May 4, 1984, New Jersey rocker Bruce Springsteen releases "Pink Cadillac" as a B-side to "Dancing in the Dark," which will become the first and biggest hit single off "Born in the U.S.A."
- On May 7, 1994, Norway's most famous painting, "The Scream" by Edvard Munch, is recovered at a seaside hotel, three months after it was stolen during the 1994 Winter Olympics in Lillehammer. The thieves had left a note reading "Thousand thanks for the bad security!"

STRANGE BUT TRUE

• It was American playwright Wilson Mizner who made the following sage observation: "Copy from one, it's plagiarism; copy from two, it's research."

- If you went into a restaurant for breakfast in the 1930s and ordered "cluck and grunt," the server would know to bring you ham and eggs.
- Irish mom Maria Jones-Elliott holds the distinction of having twins with the longest interval between the two births. In 2012, she went into labor almost four months before her due date. After two days of labor, one of the girls was born, but then the contractions stopped. While Amy, born weighing just 1 pound, 3 ounces, continued to improve in the neonatal intensive care unit, her sister Kate continued to grow in utero -- for another 87 days. Against all odds, both twins survived and are now thriving toddlers.
- If you're like 60 percent of American pet owners, your pet sleeps with you.
- A recent study conducted by researchers at the Nara University of Education in Japan found that music affects people's generosity. Specifically, if you're listening to music you enjoy, you're likely to be more generous than if there were no music playing at all. In this scenario, the inverse is also true: If you're listening to a song you dislike, you're more likely to be stingy.
- The next time you travel to Sweden for a vacation, try to catch a Kaninhoppning competition; you'll be treated to a spectacle of rabbit show jumping.
- You might be surprised to learn that seven out of eight battle deaths suffered by all countries participating in World War II were suffered by the Russians and the Germans.

THOUGHT FOR THE DAY

"Never bear more than one trouble at a time. Some people bear three kinds -- all they have had, all they have now, and all they expect to have." -- Edward Everett Hale

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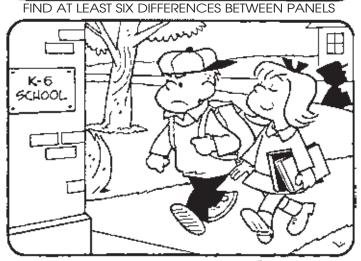
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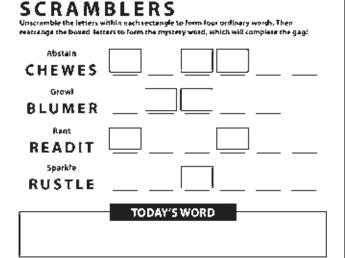
HOCUS-FOCUS HENRY BOLTINOFF ELEM. SCHOOL



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"Is it true what the neighbors are saying—that you're growing a

_____7"



answer on page 59

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SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no quessing and no math involved, just logic.

answer on page 59

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TREE & LAWN CARE



BRICK PAVERS



he 73rd Master Gardener Lecture Series continues on Thursday, May 7 at the Sanibel Public Library, beginning at 10 a.m. The speaker will be Doug Caldwell, PhD. His topics will be pruning and trimming palms, trees and shrubs, and recent insect problems in the area. Dr. Caldwell is an expert (BS, MS and PhD) in entomology (insects), an internationally certified arborist (care of trees and palms) and director of the University of Florida Extension for Collier County (Naples). As a certified, nationally recognized horticulturalist with 30 years of experience, he is a prolific author and speaker with over 50 published papers over the past decade. He has appeared in hundreds of public programs, TV programs and newspaper articles, and has his own website. he also has identified 11 new significant pests in Lee and Collier coun-

Dr. Caldwell has directed the University of Florida Extension in Naples for the past 13 years and is connected

to the public via newspaper articles, TV programs, over 50 fact sheets and meetings in parks and libraries. He has certified over 1,500 landscapers and 192 companies in proper use of fertilizer, pesticides and proper pruning techniques. He has conducted one-third of the 30 different programs in Spanish to increase the number of Hispanic workers certified, from 18 to 180.

Dr. Caldwell presents his program with a sense of humor and high quality digital images. Take home material will be provided.

The meeting is free and open to the public but seating is limited.

The Sanibel Public Library is at 770 Dunlop Road.☆

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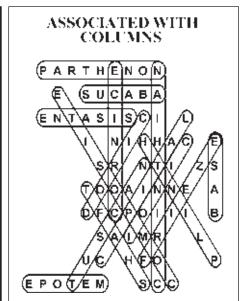
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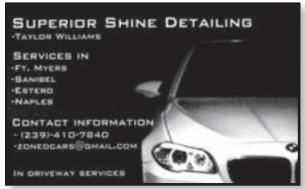
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ANNUAL RENTAL WANTED Annual rental wanted Island family 2 adults 1 eleven year old boy. We have lived on the island for almost 4 years. Sons attends Sanibel school. We would love to have a 3 year rental. Have excellent references.

Please call 239-472-0875 650-201-2626 Frank **☆**NS 3/27 CC TFN



OFFICE SPACE AVAILABLE



2 units available for rent in the popular Sanibel Square property. 1 unit will have 998sq. inside - the other unit will have 840sq. (Formerly Molnar Electric). Great place for your private offic or business. Please call Judy @ 239-851-4073 #NS 3/6 CC TEN

SANIBEL COTTAGE FOR RENT

3B/2B Private mid island location. Walk to many island conveniences & easy bike ride to bay/gulf beaches. Fully furnished incl w/d. Nov-April \$1,300 wk. \$4,000 month May-Oct \$800 wk \$3,000 month 773-507-8095 #NS 2/27 CC TFN

SERVICES OFFERED

VACATION RENTAL



FREE VACATION **RENTAL ADVERTISING!**

> Over 300 rentals to choose from!

RE/MAX OF THE ISLANDS

Putting owners and tenants together Call Ryan Block www.remax-oftheislands.com 239-472-2311 #RS 1/23 BM TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

For Your Private Tour



Island Vacations

Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277

ANNUAL RENTAL

ANNUAL HOME RENTAL

2bd/2b plus den, east end of Sanibel on canal, with pool. \$1,900 per month plus utilities No smoking/prefer no pets 239-472-4768 #NS 5/1 CC 5/8

CINNAMON COVE RETIREMENT COMMUNITY

2bd 2 bath furnished lake front home w/garage next to club house pool \$1,495 plus util 231-631-1949 **★NS** 5/1 CC 5/1

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047 **☆**NS 1/4 PC TFN

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management * Island Resident * Licensed & Insured * 24/7 * www.doradoproperty.com Call Lisa or Bruce at 239-472-8875

TO PLACE A CLASSIFIED LOG ONTO: IslandSunNews.com CLICK ON PLACE CLASSIFIED





★ ★ Classifieds ★ Classifieds ★ ★

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint. #RS 6/7 CC TFN

UPHOLSTERY

On Island Free Estimates. Over 15 Years Experience. Offering Professional Upholstery Services, Custom Art and Hand Painted Furniture. Lacy@LacyMcClary.com or 918-740-4972. *NS 1/23 CC TFN

SANIBEL HOME WATCH

Retired Police Captain Lives on Sanibel Will Check Your Home Weekly Very Reasonable Rates (239) 728-1971 **RS 1/4 BM TFN

MOBILE DOG GROOMING

Self-Contained Trailer Up to 40 Lbs., Total Grooming, Package, Please call. 239-313-7140. **☆RS 3/6 CC TFN**

HOUSEKEEPER

Luiz Home care servies House watch, house house cleaning, laudry, ironig,organizing. Miriam or Evelyn miriamluiz@hotmail.com 239-878-1416 or239-368-6458. #RS 4/24 CC 5/8

AFFORDABLE HOME CARE

Private Duty & Personal Assistant Flexible shifts from 4hrs, Live Ins & 24hrs Bath Visits, Alzheimer's Care, Bedridden Stroke, Parkinson's, Traveling Companion Licensed and Insured. 239-444-6914

> To advertise in the Island Sun Call 395-1213

HELP WANTED

CASHIERS/BAGGERS Jerry's Foods is looking for

Cashiers/Baggers night time hours 3 to 10 Sunday through Saturday 29 hrs a week. We are also looking for Servers in the Restaurant various hours 7 days a week. If interested contact Tami or Mark (239) 472-9300.

NS 2/6 CC TFN

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882 #RS 3/13 CC TEN

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

PIZZA DELIVERY

BEACH PIEZ PIZZA

Now delivering to CAPTIVA! We also deliver to a beach access or job site! Call 239-47BEACH (472-3224) or visit www.beachpiez.com. **★NS** 3/13 CC TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

1998 REGAL DESTINY 200 DECKBOAT 2008 VOLVO PENTA INBOARD 5.0GXI-I ENGINE

Well maintained runs good \$7,500. 239-395-9159 or 630-532-4861 \$NS 4/17 CC 5/1

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS

Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards & more. Local Toll Free 1-866-440-3280 #RS 3/6 CC 5/29

FOR SALE

GREEN DEPRESSION GLASS

Many Patterns 472-3944 #NS 5/1 CC 5/8

MAINE COON KITTENS

Registered Maine coon kittens (CFA and TICA.) Vet checked, all shots, parasite free. Big, sweet lovable. Long time registered breeder on Sanibel. \$950. Amy (c) 239-699-8741. **NS 4/3 CC TFN

AUTO FOR SALE

2007 NISSAN XTERRA S 4X4



Great condition! One owner, well maintained with only 78,333 miles. Silver with cloth interior. \$9,100. Serious inquiries only. 239-339-7366. \$NS 5/1 CC 5/1

CAUTION **GARAGE** • **MOVING • YARD**

2014 MITSUBISHI I-MIEV **4DR ELECTRIC CAR**



GO GREEN ELECTRIC CAR NEVER BUY GAS AGAIN NO OIL CHANGES EVER! 2014 MITSUBISHI I-MIEV 4DR ELECTRIC CAR. 8YR/100,000 MILE WARRANTY GREAT ISLAND CAR, 239-466-4423 WWW.AUTOBROKERSLLC.COM -XNS 4/17 CC TEN

DOWNSIZING MOVING SALE

Tan-suede sectional couch - 3 pieces, 8'long x 20"deep x6'h-Teak wall unit, side tables, outdoor furniture, tools, household items, decorative pots. Call 239-395-2767 #NS 5/1 CC 5/1

To those who are hungry, \$20 is a fortune.



But \$20 can feed a family of four for a week, thanks to the ...

Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...

Thank you for your generosity!



Scan to connect to the Food Bank!

Mail your tax-deductible donation to: The Harry Chapin Food Bank 3760 Fowler Street, Fort Myers, FL 33901 Call (239) 334-7007 Or donate online at:

www.harrychapinfoodbank.org

Harry Chapin Food Bank





Pets Of The Week

i, I'm Haley and I start every day with a smile and a positive attitude even though I've been at the shelter for over three months. I'm super affectionate, love to play in the water and enjoy the company of other dogs. I will be anything you want me to be except homeless, so can you help me out here? My adoption fee is \$40 (regularly \$75) during Animal Services' Catch Spring Fever adoption promotion for dogs 40 pounds and over.

My name is Roberto and I'm fun, smart, handsome, young and affectionate, just what everyone wants in a dog! I can fetch, catch a Frisbee and even return it. I'm high energy so I will need lots of exercise. We can have loads of outdoor fun and then chill afterwards like great companions. My adoption fee is \$40 (regularly \$75) during Animal Services' adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.



Haley ID# 589697



Roberto ID# 609855

PAWS Of Sanibel

Three Kittens Left

nly three kittens are left! These kittens are now vaccinated and are ready for their new homes. Call Pam at PAWS of Sanibel at 472-4823 to complete an adoption application.

PAWS asks for a donation of \$50 for each cat and \$100 for each dog we place. We require that all our adopted cats be always kept indoors. They can spend time on enclosed porches and pool enclosures as long as they are in good repair and there is no way for them to escape. We don't permit declawing of our kitties; good sisal scratching posts and keeping the nails trimmed works really well. If, for any reason, our animals don't work out, they come back to PAWS.

Our expenses have been above average lately, and with this latest group of six, our veterinary and other costs continue to quickly increase. PAWS is a 501(c)3 non profit Florida corporation. If you'd like to help us with these expenses, send your tax deductible donations to PAWS, P.O. Box 855, Sanibel, FL 33957. For more information, contact Pam at 472-4823.**



Trio of kittens ready to find a new home



CALLING CARD 239-395-1213

CALLING CARD 239-393-1213	
Emergency	911
Sanibel Police	
Lee County Sheriff's Office	77-1200
On Call Captiva Deputy	7-1000
Fire Department - Sanibel	
Fire Department - Captiva 47	72-9494
Florida Marine Patrol	32-6966
Florida Highway Patrol	
Poison Control	
Chamber of Commerce	2-1000
City of Sanibel	2-4135
Administrative Office 47	
Building Department	72-4555
Community Housing and Resources	
Planning Department	
Library - Sanibel	
Library - Captiva239-53	33-4890
Post Office - Sanibel 47	
Post Office - Sanibel (toll free)800-27	75-8777
Post Office - Captiva	
Sanibel Community Association	72 2455
Samper Community Association	2-2133
Center 4 Life - Senior Center	2-5/43
ARTS	
Arcade Theater	
Art League Of Fort Myers	
BIG ARTS - Barrier Island Group for the Arts	5-0900
Broadway Palm Dinner Theatre	
Ford Marca Committee Marcaria and	0-4422
Fort Myers Symphonic Mastersingers	88-2535
Gulf Coast Symphony47	72-6197
Lee County Alliance for the Arts	39-2787
Naples Philharmonic59	7-1111
The Herb Strauss Schoolhouse Theater	72-6862
Sanibel Music Festival	R_7000
Sanibel-Captiva Art League	2-4258
SW Florida Symphony 41	8-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc 565-7872 or 43	
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To be listed in calling card email your information to:

BEACH CHAIR PAST

answers on page 59

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King Crossword



49 Naked 50 Upper imit. 51 Egyptian

52 Crossword

axe 27. Rx watchang org. cross

30 Throat clearer 31 Scratch

22 High and boy

23 Bottom 26 Wedan

32. Affirmative actions

33 Prohibit 34 Lustrous black

35 Saw things? 36 Stickum

37 Explanation 3B Small flutes 45 Vicinity

46 Charged bits 47 Pub örder 46 Shaps

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20 Legislation DOWN 23 Apprehend Turn the soil 24 "Euroka!"

25 Hideaway 26 Chapeau 27 Adversary

28 Banned

31 Cat chat?

bug spray 29 Fire residue

32 Mr. Gingrich

34 Pleasure 35 Threw

53

a way 37 Language of India

38 One of the Three Bears

39 Ms. Breckevich 40 Bottle

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42 Tibetani monk 43 Flair

44 Allurina

MAGIC MAZE

ASSOCIATED WITH COLUMNS

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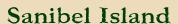
> Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Abacus Base Capital Composite

Corinthian Cornice Dorie: **Entasis**

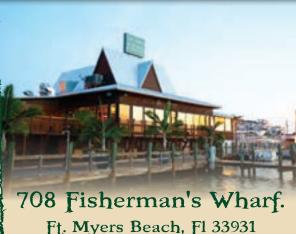
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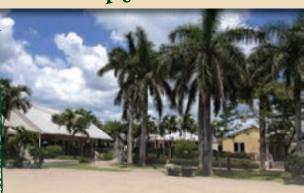




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